



Alpine Competition Handbook 2022-2023



Northern Division Manager

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Northern Division Board of Directors

President

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Vice President

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Treasurer

Tony Nunnikhoven
 TD Commissioner
 Bozeman, MT 59715
 406-579-3830(Cell)
tonyncc1@yahoo.com

Athlete Representative

Jessica Wolf
 Formerly RMC
 Red Lodge, MT
 406-698-6683(Cell)
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Northern Division Alpine Competition Committee	
Alpine Competition Chair	
<p>Acting Interim For ACC Chair Curtis Shuck 360-567-7521</p>	
Voting Members	
<p>Ryan Ludemann Discovery Ski Education Foundation 406-546-5148 rludemann276@gmail.com</p>	<p>Roger Bay Bridger Ski Foundation 406-600-3885 wajabay@yahoo.com</p>
<p>Jerry Wolf Rocky Mountain College 406-698-5126 wolfj@rocky.edu</p> <p>Bill Metzler Montana Alpine Racing School 406.249.7190 wmetzler@gmail.com</p>	<p>Lisa Densmore Ballard Masters Representative 603-930-7623 lisaballardoutdoors@gmail.com</p> <p>Jeremy Wolf Silver Run Ski Education Foundation 406.698.2997 jeremy.wolf@rocky.edu</p>
<p>Ivy Duncan Missoula Ski Education Foundation iyduncan9@gmail.com</p> <p>Jeremy Ueland Big Sky Ski Education Foundation jeremy@bssef.com</p>	<p>Hilary Lindh-Athlete Representative Whitefish Mountain Race Team 907.500.2040 hilary@fvsef.org</p>

<p>Marni Magstadt Northern Division Manager</p> <p>Acting ACC Interim Curtis Shuck</p>	<p style="text-align: center;">Non Voting Members</p> <p style="text-align: center;">Tim Hinderman Northern President</p>
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Important Web Sites

FIS Alpine page

<http://www.fis-ski.com/alpine-skiing/>

U.S. Ski & Snowboard main web page

www.uskiandsnowboard.org

Western Region website

<https://uskiandsnowboard.org/sport-programs/regions-divisions/western-alpine-region>

U.S. Ski & Snowboard Athlete Development Page

<https://uskiandsnowboard.org/sport-development/athlete-development>

Northern Division webpage

northerndivision.us

Important Contact Numbers

U.S. Ski & Snowboard Member Services

P.O. Box 100
Park City, UT. 84060
(435) 647-2666 (hotline)
(435) 647-2052 (fax)
(435) 647-2013 Sheryl
e-mail: membership@uskiandsnowboard.org

Bill Gunesch

Western Region Development Director
(435) 602-2759
email: bill.gunesch@uskiandsnowboard.org

Heidi Voelker

Western Alpine Program Manager
email: heidi.voelker@uskiandsnowboard.org

Marni Magstadt

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Curtis Shuck -Acting ACC Chair Interim

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Mike Murgatroy

Northern Division Officials Chair

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Tony Nunnikhoven

Northern Division TD Commissioner

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Northern Division Background & Governance

- The Northern Division of the U.S. Ski & Snowboard was incorporated in the State of Montana in 1965 to provide a common corporate and administrative framework for snow sports, primarily ski racing, as conducted by affiliated clubs within several Montana communities and a few communities in Wyoming and South Dakota. It was incorporated as the Northern Division Amateur Ski Educational Foundation in 1970. We have paperwork on file with the State of Montana to do business as (dba) Northern Division United States Ski Association.
- At a February 17, 2001, Northern Division meeting of ski racing club representatives from Helena, Whitefish, Missoula, Anaconda, Bozeman, Big Sky, Red Lodge, and Casper, Wyoming, cast a unanimous vote to adopt By-Laws for a foundation named NORTHERN DIVISION AMATEUR SKI EDUCATION FOUNDATION. The Foundation is an affiliated club organized within several Montana communities and a few communities in Wyoming and South Dakota. Casper, WY relocated to Rocky Mountain Division as of June 2009 and was brought back into Northern Division in June of 2020. ***Each member club pays dues of \$325.00 by Fall General Meeting each year to the Northern Division.***
- The By-Laws for the Foundation prescribe how the Foundation will operate and the duties of its officers. Each Northern Division club in good financial standing [\[1\]](#) [\[2\]](#) may designate one representative to vote at each Northern Division general session meeting. By-Laws were updated at the Fall 2015 General Meeting and amended in the Fall of 2016 increasing the number of members in our Alpine Competition Committee from seven voting members to nine voting members. By-Laws were amended in winter of 2018 to allow our President Emeritus to stay on as a voting member of our Board of Directors for one year following their service.
- All Northern Division (ND) affiliated clubs holding U.S. Ski & Snowboard sanctioned races must pay **national dues** to be member clubs of the United States Ski and Snowboard. This gives them the authority to hold U.S. Ski & Snowboard sanctioned events: U.S. Ski & Snowboard non-CLIP club national membership is priced differently for clubs of 25 or more members than it is for clubs with 24 members or less. This membership enables U.S. Ski & Snowboard competition clubs access to special programs such as allowing clubs to conduct U.S. Ski & Snowboard events and purchase U.S. Ski & Snowboard club insurance for an additional cost. Contact U.S. Ski & Snowboard Member Services at 435.647.2666 or send e-mail to: membership@usskiandsnowboard.org for an application or to update club information. Or go to these links [Club Membership & Club Minimum Standards](#)

Clip Club Application <https://memberservices1.wufoo.com/forms/ml3kkc51g5448g/>

- U.S. Ski & Snowboard levies a “head tax” of **\$12.00** per start on **all** U.S. Ski & Snowboard **scored** events to fund U.S. Ski & Snowboard activities. Additionally, U.S. Ski & Snowboard has a body of administrative rules that pertain to all U.S. Ski & Snowboard clubs and competitors.
- Northern Division is a member of the Western Region (WR) of U.S. Ski & Snowboard, which sets the rules for regional teams and competitions: “The U.S. Ski & Snowboard WR is one of three U.S. Ski & Snowboard regions established under the authority of the Alpine Sports Committee and is responsible for the regulation of the sport of Alpine Ski Competition within the geographical area of the Western United States. It consists of the five western divisions: Alaska, Far West, Intermountain, Northern and Pacific Northwest.” The WR Alpine Competition Committee establishes regional policies, procedures and operating rules for the Western Region.
- The ND President and ND Alpine Competition Committee Chair are automatically members of the Western Region Alpine Competition Committee, unless one of those serves as WR ACC Chair. If that is the case, another member shall be appointed by the Northern Division. Western Region levies a “head tax” on all Northern Division scored races and all non-scored races to fund Western Region activities.
- ND also establishes rules and fees to be charged by ND clubs for non-regional (local) U.S. Ski & Snowboard competitions held by ND clubs. As well, it establishes rules of conduct and selection for its teams that travel to regional events. ND levies a “head tax” on non-regional U.S. Ski & Snowboard events held by ND clubs so as to fund ND activities. ND also has within its rights to levy a head tax on any Regional event (including Championships) or FIS event held within its division with the exception of Nor-Ams or National Championships.
- As a general matter, the Federation Internationale de Ski (FIS), of which U.S. Ski & Snowboard is a member, establishes the technical and safety rules that must be followed when hosting or participating in a ski competition. The U.S. Ski & Snowboard Competition Guide closely follows FIS rules. Therefore, when a U.S. Ski & Snowboard member club or participant has a technical or safety related question, it may refer to the current FIS Alpine manual and the U.S. Ski & Snowboard Alpine Competition guide for an answer.

Insurance

- The U.S. Ski & Snowboard Competition Guide requires all U.S. Ski & Snowboard members to have valid and sufficient medical/accident insurance coverage and to accept full responsibility for provisions of such coverage as a condition of becoming a U.S. Ski & Snowboard member and participating in official U.S. Ski & Snowboard training and competition. Such primary coverage must be in effect for the entire term of the membership in order for the member to have coverage under U.S. Ski & Snowboard excess accident insurance policy. Members must carry proof of primary coverage insurance and such proof must be available at each event so that prompt medical/hospital care can be authorized, if needed. U.S. Ski & Snowboard provides properly registered members with excess medical coverage, as follows:

- Excess Accident Medical Insurance for Members of a U.S. Ski & Snowboard Member Club: Current U.S. Ski & Snowboard Members of a U.S. Ski & Snowboard Member Club have excess accident medical coverage during sanctioned or registered events including official training (as defined by the policy) at such events. Please see <https://usskiandsnowboard.org/sport-programs/sports-medicine/sport-accident-insurance> for a detailed description of coverage.
- Excess Accident Medical Insurance for Members of a U.S. Ski & Snowboard CLIP Member Club: Current U.S. Ski & Snowboard Members of a U.S. Ski & Snowboard CLIP Member Club have excess accidental medical coverage during skiing competition, while training to compete and conditioning to compete in ski competition that is supervised by a U.S. Ski & Snowboard representative and/or representative of a U.S. Ski & Snowboard CLIP Member Club. Please see <https://memberservices1.wufoo.com/forms/ml3kkc51g5448g/> for a detailed description of coverage including a list of activities that are excluded from the policy.
- The Northern Division follows guidelines from the national office U.S. Ski & Snowboard regarding SafeSport, Avalanche Awareness and requires Coaches and Officials to successfully pass a background check every other year in order to participate in sanctioned events.

<https://usskiandsnowboard.org/safesport-athlete-safety/safesport-resources>

U.S. Ski & Snowboard Alpine Program Information

Competition Categories

Masters Racing (non-scored)	Ages 18 and up*
FIS Competitor (scored to national and to FIS lists)	Ages 16 and older
Competitor (scored to national lists)	Ages 12 and older
Competitor (non-scored)	Ages 13 and younger

* An athlete born 2003 or earlier may compete in either masters or seeded competition or both, depending on the rules of a specific region. He or she must have a competitor or a non-scored athlete, and a masters membership to participate in both programs.

Age Classes

SR	Ages 21 and older (born 2001 or earlier)
U21	Ages 18-20 (born 2002, 2003 or 2004)
U18	Ages 16 and 17 (born 2005 or 2006)
U16	Ages 14 and 15 (born 2007 or 2008)
U14	Ages 12 and 13 (born 2009 or 2010)
U12	Ages 10 and 11 (born 2011 or 2012)
U10	Ages 8 and 9 (born 2013 or 2014)
U8	Ages 7 and younger (born 2015 and later)

NOTE: Racers should check with their local program, or with their local office regarding details or exceptions that may apply. Some regions and divisions may recognize other age categories below the U8 class for awards.

FIS Rules

- Please refer to the current printing of the FIS manual, books and rules that govern the technical aspects of ski racing and ski racing competitions, including equipment specifications when racing in FIS races.
- The FIS web site can be found at www.fis-ski.com.
- To participate in a FIS race, including any Western Region FIS race, a FIS license must be acquired before the first team captain's meeting for the series in which a racer is participating.
 - Only athletes born in 2005 or earlier are eligible for FIS registration.
~ A FIS license may be purchased at a discount before August 16th, 2022; after that date, the cost will increase. Link to application [FIS application](#)

Season 2022-23 Alpine Points List Dates

List	National Close	National Valid	FIS Close	FIS Valid	Masters
Base List		July 14		July 1	
List 1	July 15	July 15	July 1	July 1	Dec 7
List 2	July 17	July 21	July 17	July 21	Jan 4
List 3	July 31	Aug 4	July 31	Aug 4	Feb 1
List 4	Aug 14	Aug 18	Aug 14	Aug 18	March 1
List 5	Aug 28	Sept 1	Aug 28	Sept 1	April 5
List 6	Sept 11	Sept 15	Sept 11	Sept 15	
List 7	Sept 25	Sept 29	Sept 25	Sept 29	
List 8	Oct 16	Oct 20	Oct 16	Oct 20	
List 9	Oct 30	Nov 3	Oct 30	Nov 3	
List 10	Nov 13	Nov 17	Nov 13	Nov 17	
List 11	Nov 27	Dec 1	Nov 27	Dec 1	
List 12	Dec 11	Dec 15	Dec 11	Dec 15	
List 13	Dec 25	Dec 29	Dec 25	Dec 29	
List 14	Jan 8	Jan 12	Jan 8	Jan 12	
List 15	Jan 22	Jan 26	Jan 22	Jan 26	
List 16	Jan 29	Feb 2	Jan 29	Feb 2	
List 17	Feb 19	Feb 23	Feb 19	Feb 23	
List 18	March 5	March 9	March 5	March 9	
List 19	March 19	March 23	March 19	March 23	
List 20	April 2	April 6	April 2	April 6	
List 21	April 16	April 20	April 16	April 20	
List 22	April 30	May 1	April 30	May 1	
List 23	June 1	June 1			

Please see the U.S. Ski & Snowboard website for 2022-2023 Alpine Competition Guide and for individual competitor ski racing equipment specifications applicable to U.S. Ski & Snowboard sanctioned races.

Here is the link to the latest U.S. Ski & Snowboard /FIS Equipment [Equipment](#)

U.S. Ski & Snowboard Code of Conduct

[Code of Conduct](#)

CODE OF CONDUCT

CODE OF CONDUCT Membership in U.S. Ski & Snowboard is a privilege, not a right. All U.S. Ski & Snowboard members when participating in any U.S. Ski & Snowboard activity must agree to conduct themselves according to U.S. Ski & Snowboard's core values of Grit, Excellence, Team, Fun, and Integrity, and abide by the spirit and dictates of this Code of Conduct. All

members must agree to comport themselves in a sportsmanlike manner and are responsible for their actions while attending or participating in all U.S. Ski & Snowboard activities (including but not limited to camps, competitions, and projects). Sportsmanlike conduct is defined as but is not limited to: respect for competition officials, resort employees, fellow members, and the skiing and snowboarding public, respect for facilities, privileges, and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs. While participating in any U.S. Ski & Snowboard activity: 1. U.S. Ski & Snowboard members shall be subject to the jurisdiction of the International Ski Federation (FIS) Statutes, the United States Olympic & Paralympic Committee (USOPC) Bylaws, the U.S. Ski & Snowboard Bylaws, and this U.S. Ski & Snowboard Code of Conduct. 2. U.S. Ski & Snowboard members shall conduct themselves at all times and in all places as befit worthy representatives of the United States of America, the United States Olympic Committee, U.S. Ski & Snowboard, their region, division, state or club and in accordance with the best traditions of national and international competition. 3. U.S. Ski & Snowboard members are responsible for knowledge of and adherence to competition rules and procedures. Members are also responsible for knowledge of and adherence to the rules and procedures of the U.S. Ski & Snowboard national teams, camps or other projects when participating in such. 4. U.S. Ski & Snowboard members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well being of others, and courtesy and good manners. 5. U.S. Ski & Snowboard members shall abide by U.S. Ski & Snowboard rules and procedures while traveling to and from and participating in official U.S. Ski & Snowboard activities. 6. U.S. Ski & Snowboard members shall abstain from illegal and/or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21. Members under 21 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official U.S. Ski & Snowboard or event organizer function. Members under the age of 18 shall not use any form of nicotine including but not limited to cigarettes, vaping, chewing tobacco, gum, and patches. 7. No U.S. Ski & Snowboard member shall violate the customs, travel or currency regulations of a country while traveling with a U.S. Ski & Snowboard group or on a U.S. Ski & Snowboard ticket. 8. No U.S. Ski & Snowboard member shall commit a criminal act. 9. No U.S. Ski & Snowboard member shall engage in any conduct that could be perceived as harassment based upon gender, gender identity, age, race, ethnicity, national origin, religion, disability, or sexual orientation. 10. U.S. Ski & Snowboard members will avoid profane or abusive language and disruptive behavior. Members agree that they will not use or tolerate any racist, xenophobic, homophobic, or transphobic language or gestures. 11. U.S. Ski & Snowboard members understand and agree that they may be drug tested at any time, that they are subject to and will abide by the USADA Protocol for Olympic and Paralympic Movement Testing, its Annexes, and the USOPC National Anti-Doping Policies, and that any dispute related to the foregoing will be resolved exclusively in arbitration pursuant to the USADA Protocol. Before taking any medications, members must check the prohibited status at GlobalDRO.com. Also, they must be sure to download the Supplement 411 app, or visit Supplement411.org to learn how to recognize and reduce the risks related to supplement use. Any anti-doping questions can be directed to Athlete Express at 866.601.2632. 12. U.S. Ski & Snowboard members agree to abide by the policies and procedures established by the U.S. Center for SafeSport as well as U.S. Ski & Snowboard's Minor Athlete Abuse Prevention Policies (MAAPP). Failure to comply with any of the above provisions may lead to disciplinary action by the appropriate team or competition leader. Disciplinary action may include: • Removal from the team trip or training camp • Suspension from training and/or competition • Elimination of coaching, travel, and other benefits • Forfeiture of U.S. Ski & Snowboard membership U.S. Ski & Snowboard is committed to principles of fairness, due process and equal opportunity. Members are entitled to be treated fairly and in compliance with U.S. Ski & Snowboard's Bylaws, policies, and procedures.

Members are entitled to notice and an opportunity for a hearing before being prevented from participating in protected competition as that term is defined by the USOPC Bylaws. Information on the processes for grievances, suspensions, and appeals is available at us.skiandsnowboard.org. Nothing in this Code of Conduct shall be deemed to restrict the individual freedom of a U.S. Ski & Snowboard member in matters not involving activities in which one could not be perceived as representing U.S. Ski & Snowboard. In choices of appearance, lifestyle, behavior, and speech while not representing U.S. Ski & Snowboard, competitors shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of the U.S. Ski & Snowboard. However, in those events where one is representing or could be perceived as representing U.S. Ski & Snowboard, U.S. Ski & Snowboard demands that its members understand and agree to behave in a manner consistent with the best traditions of sportsmanship and U.S. Ski & Snowboard's core values. For U.S. Olympic and Paralympic Trials, please see the USOPC's Participant Rules for Racial and Social Demonstrations available at teamusa.org.

Last revised August 22, 2022

U.S. Ski & Snowboard Alpine Competition Guide

The current printing of the U.S. Ski & Snowboard Competition Guide specifies competition categories and license requirements for each category (competitor non-scored, competitor scored, FIS competitor scored, and Masters), age classes (Seniors and U21 – U8), medical and accident insurance requirements, alpine ski racing disciplines (slalom, giant slalom, downhill, super giant slalom, and combined), how races are scored and points awarded to racers, national and regional team selections, and races, as well as officials divisional races schedules in effect at the time the Guide is published. The U.S. Ski & Snowboard Technical Race Guide and Specifications are also included in each printing of the Competition Guide. The current competition guide can be found on the U.S. Ski & Snowboard website under forms and publications.

[2023 Alpine Guide](#)

Western Region Rules

Please refer to the Western Region home page on the U.S. Ski & Snowboard website for the rules that pertain to Western Region competitions and Western Region teams.

[Western Region Policies & Guidelines](#)

Geographic Affiliation/Designation

A racer shall affiliate as an athlete of the region and division in which he/she is training during the majority of the northern hemisphere competition season. The designation must be made at the start of the season, and must be abided by the racer for the entire season. Any conflicts must be resolved before participation; contact the regional office.

Requests for in-season changes of affiliation must be made in writing to the Alpine Development Director. Such in-season changes may result in loss or default of regional and divisional qualifying status.

Exception: U.S. Ski Team members and National Training Groups will retain their home affiliations.

Northern Division Rules

Individual Membership in Northern Division

- Every ND club must be a member club of U.S. Ski & Snowboard and pay National Dues.
- Every Club and Independent Racer must pay Northern Division Club Dues of \$325 annually.
- Every person racing in a U.S. Ski & Snowboard Sanctioned race conducted by a club affiliated with ND must be a current member of U.S. Ski & Snowboard, as specified in the U.S. Ski & Snowboard Competition Guide. Competitors must be affiliated with a Northern Club or have paid Independent Race Dues noted above. Additionally, each person must be a member of ND, with the following fees, per the U.S. Ski & Snowboard registration form:
 - o Before October 16: U16 & Older Competitor = \$50.00
 - o Before October 16: U14 Competitor = \$36.00
 - o Before October 16: U12 & Under Competitor = \$30.00
 - o After October 15: U16 & Older Competitor = \$60.00
 - o After October 15: U14 Competitor = \$46.00
 - o After October 15: U12 & Under Competitor = \$40.00
 - o Alpine General = \$12.00 (**NOT** for competition)
 - o Short Term = \$7.00
 - o Short Term Foreign = \$ 7
 - o Alpine Coach (ACO) = \$30
 - o Alpine Junior Coach (AJCO) = \$20

Individual Membership in U.S. Ski & Snowboard – Northern Division

- Each competitor in ND races must have a U.S. Ski & Snowboard membership. Those who are age 16 years and older competitors may need to purchase a FIS license too. (See FIS section above)

ND Code of Conduct

- In addition to the U.S. Ski & Snowboard Code of Conduct, ND establishes the following:
 - o Any parent, athlete, coach, volunteer, or official that physically assaults or threatens any volunteer, athlete, or official shall be considered as having committed a minor offense and will be given a warning. If the abuse continues, it will be considered a second offense. The individual doing the abusing shall be required to leave the race arena for the remainder of the day. The race will be stopped until that individual leaves. If this individual refuses to leave the race arena, the ski patrol will be asked to remove this individual from the hill. This shall be considered a third offense and this individual (volunteer, official, athlete, or coach) will not be allowed at any race venue for a time period of a year. Any infraction of this rule will be included on the TD report and a copy will be sent to the Officials Committee. An appeal can be made through the ND Board of Directors, but the penalty will stand until the ND Board of Directors decides. Following that, if not satisfied, grievance procedures outlined in by-laws would apply within a 30 day appeal deadline.

- o ND teams (athletes and coaches) traveling out-of-division are representing the Northern Division and will be considered as part of a Northern Division Project for Championship Events. **Parents are responsible for their own athlete's transportation to all events, however on all Northern projects athletes will share in costs of coaches transportation, coaches' per diem, coaches' lodging, divisional administrative costs and wax.** Additionally, U14 athletes and older are required to have a signed ND Team Agreement, Indemnification (Hold Harmless) and Medical Release annually. Collegiate Team athletes on an official team roster are to have Medical Release and Indemnification (Hold Harmless) on file. Coaches are to have signed ND Team Agreement Forms on file at the divisional office. These forms can be found on the ND web site ([website](#)) and are due November 30th, annually. In order to appear on any selection boards, athletes must have all these forms on file at the divisional office and must be in good financial standing with the division and their own affiliate club. Full Payment for out of division projects must be paid in full by the deadline for the project or the alternates will be selected to fill the quota spots.
- o Team members' appearance and conduct shall be of the highest quality at all times. Any unreasonable conduct or undesirable personal appearance will result in the team member being immediately removed from the team. All team members shall follow training schedules and other reasonable demands made of them by the team coaches.
- o Northern Division will require all athletes to lodge with the team (athletes room with athletes) on Northern Championship events except Tri-Divisionals. Medical exemptions will be allowed only when a doctor's note is provided.

ND Races, in General

- Each club bidding to host a U.S. Ski & Snowboard sanctioned race within the ND must agree to enforce all current U.S. Ski & Snowboard rules and requirements at the race.
 - o In addition, it must satisfy all U.S. Ski & Snowboard and ND administrative requirements, such as the payment of appropriate head taxes and timely submission of official race results.
 - o Race announcements for events should be sent to the participating clubs and divisional manager at least 30 days before the event with any housing reservation deadlines. These must be on a Google Document so the host can make appropriate changes when necessary. The announcement must allow adequate time to register for the race and its fee schedule must conform to that established by ND, Western Region, and U.S. Ski & Snowboard.
 - o Clubs hosting events are to contact the TD assigned to their event at least two weeks in advance.
- For individuals and ND clubs entering athletes in the race of another ND club, all entries must be made as required on the race announcement, preferably using on-line U.S. Ski & Snowboard registration if applicable or the U.S. Ski & Snowboard Team Entry Form using separate forms for genders. Entries must be sent with entry fees by the deadline stated in the announcements or face late fees imposed by the organizers. **Coaches must use**

the myussa.org portal to show that they are “attending” the event. This will enable the club to affirm coaches’ proper licensing and allow the club affirm current membership and certification and also to contact coaches regarding the event.

- o The ND ACC reserves the right to establish policies regarding cancellations, withdrawals, and non-participation of racers, and refund of entry fees not inconsistent with U.S. Ski & Snowboard or Western Region policies. (see that later in this manual) ND has submitted that the deadline for pulling athletes from start lists eligible for full refund (with exception for illness, injury or family emergency which includes documentation) must be made by 5:00 p.m. the previous day.
- o At all ND races, whether awards are done virtually or not, the host clubs shall provide first through third place medals for each of the Sr, U21-U14 classes. Ribbons may be presented to subsequent places, at the discretion of the host club. As of 2014, Team Scoring at each event will be used for each day’s event using the top three finishers from each club and each gender combined. Race Software allows for this scoring and the learning network has examples and a spreadsheet to use for these awards. The top three teams will be announced for each day’s events and an OVERALL Team award will be made for the weekend’s events. These are also included in results sent to the divisional manager.
- o At A-U16 races, the number of comped entries and lift tickets will be left up to the discretion of the local race organizing committee. This should be clearly stated in the race announcement. Recommendations are that “comped” athletes be limited to top five best point holders per gender under 100 points. Please use the Northern Division Head Tax form if “comping” divisional athletes. (see end of manual or [website](#))
- o Athletes who wish to compete out of division at U.S. Ski & Snowboard races will not be granted permission if the event’s schedule conflicts with one of our own qualifiers except if invited to a regional or national training project or under other extraordinary circumstances.
- o Northern Division collects head tax of \$5/per start and \$2/start of development funds. The development fund portion collected this season for each age group will be used the next season for these purposes: U16 & Older: Funding Gold Point Scholarships and Rabbit Money; YSL: AK Travel Fund and YSL Champs Swag.

Seeding and start orders for scored ND events shall be administered according to the current printing of the U.S. Ski & Snowboard Competition Guide. In general, the TRS method (see U.S. Ski & Snowboard Competition Guide) shall be used for non-scored events. **Any change to this order must be approved at Team Captain’s meeting.**

•SECOND RUN – U.S. Ski & Snowboard Non-Scored Event: A U14 competitor and younger who DNS first run, is disqualified (DSQ) or does not finish (DNF) in a non-scored event shall be given a second run; he or she will not be eligible for an award. For all athletes, their start order shall be reversed within their age class for the second

run. However, if the ROC and Jury allow, U621.11.3.3 may be followed, so long as it is announced at the Team Captain's meeting and communicated to Race Administration.

●**SECOND Run - U.S. Ski & Snowboard SCORED EVENT:** In scored SL and GS events, competitors who are shown as DNF, DSQ, or NPS in the first run can start in the second run with their original bib after the last qualified competitor if the Jury and Race Organizer allow. It is recommended that they be run in bib order. Announcement of this procedure should be made at the team captains meeting.

[U621.11.3.1]

Appropriateness depends on, but is not limited to field size, snow conditions, and visibility.

Coaches' discretion advised

In cases of *force majeure*, the Jury may terminate a competition prior to DNF/DSQ/NPS second-run starts

ND has left it up to the discretion of the host club to utilize a one-run race format for **U10's** and younger. Mixed gender events may be utilized for **U12's** and younger.

ND follows U.S. Ski & Snowboard Competition guidelines regarding **helmets**. Find rules regarding helmets in the current Alpine Competition Guide.

●ND U.S. Ski & Snowboard Technical Delegates (TDs), shall be paid \$120/day for the days of the event (scored and non-scored) plus travel day(s) by the organizer as stipulated on the U.S. Ski & Snowboard TD expense form. If they request, Northern TDs will also be eligible to be reimbursed by the organizer for actual fuel plus 20%; for lodging, at a rate of the average single room, one person, economy motel (i.e. Super 8) in the town hosting the event. However, if the organizer provides volunteer housing, the TD must use this or pay for his/her own lodging; reasonably priced (for the event site) meals that are accompanied with receipts will be covered. However, if the organizer provides meals, the TD must utilize these; reasonable out of pocket expenses such as telephone, postage, copying will also be reimbursed by the organizer. Organizers are responsible to send the TD Expense Report to the designated Nat'l TD designated on the form regardless of whether the TD accepts reimbursement or donates expenses back to the club. **Copies of all TD Reports and U.S. Ski & Snowboard Technical Delegate's Expense Report for all U.S. Ski & Snowboard non-FIS events must be submitted to murgatroydarms@gmail.com and tonyncc1@yahoo.com**

- ND encourages organizers to follow WR Coaches' Pass policy. (see later in this guide) The organizer will provide complimentary lift passes for coaches based on policy below who click on attend in the U.S. Ski & Snowboard portal by the time entries are due. Coaches for the divisional teams must be current members (**NOT** pending) of U.S. Ski & Snowboard and must hold valid U.S. Ski & Snowboard Coaches' memberships. Each team will be entitled to one coach per sex plus one coach for each 10 competitors or portion thereof. Racers will not be eligible for coaches' passes. Coaches who meet the membership guidelines and are not included on the portal, which are in excess of a team's quota, should be able to purchase tickets at the racer's price and work with the organizer. Additionally, coaches who want to serve as referee or set courses are required to have attended an official's update or clinic in the current or last season.

ND has assumed the Western Region Travel Policy and requires all non-rostered college athletes to confirm their intent to compete in Western Region events. All fees associated with

participation in divisionally conducted training and/or Northern Division competition projects are payable in full by the deadline listed on the website. No services will be rendered to athletes who have not made payment. Athletes who have not paid will be purged and alternates will be selected to attend provided they make full payment within 24 hours. Applicable fees are announced at the time the selection list or quota is announced on the website. Athletes will be expected to lodge with the team at any championship events, except Tri-Divisionals. Athletes not in good standing with Northern as of travel day of all divisional quota events are subject to immediate sanctioning. Good standing is defined as current U.S. Ski & Snowboard and Northern Division membership and no outstanding debts owed to the division. Refunds may be granted for withdrawal from projects or competition trips or for partial attendance for injury, illness, or family emergency **with documentation**. The Board along with the Northern manager will determine the amount of any refund. Direct costs will be refunded if available.

•TIMING & DATA TECHNICAL REPORT FORM:

A Timing and Technical Date Report (TDTR) is required for all levels of competition and the FIS TDTR software is to be used by the Chief of Timing for preparing and submitting the report for all events, both non-FIS and FIS. The PDF report must still be printed and signed as noted in instructions for event document packets located in the Master Packet of Forms(MPF) The U.S. TDTR in the MPF is only intended for making note of items required by the FIS Software. If an event requires calculation of a replacement time (EET), copies of all calculations must be included with the PDF copy.

Northern Entry and Head Tax Fee Schedules:

It is the responsibility of the race organizing committee to submit to U.S. Ski & Snowboard /WR/ ND Head Tax the proper amount of head taxes due to U.S. Ski & Snowboard, WR, and ND **within 30 days of the last race of the event. Head Tax should accompany the** results if on-line registration was not utilized.

2022-2023 U.S. Ski & Snowboard List of Approved Head Tax Exempt Athletes

Competitors **MUST** be named U.S. Ski Team (A, B, C and D), U.S. Paralympic National Alpine Skiing Team (A, B, C and D), named members of foreign teams recognized by FIS who are ranked 350 or better (world rank) in one of the events being contested.

Foreign athletes attending US universities/colleges/schools or who are members of/training with US clubs and who are ranked 100 or better (world rank), may not be required to pay event fees; these athletes are exempt from payment of U.S. Ski & Snowboard Head Tax.

At pre-determined events (e.g. Nor-Am and U.S. Alpine National Championships), or at the discretion of the OC for other events, athletes ranked 100 or better (world rank) in one of the events being contested - regardless of their national team affiliation or national team status - may also not be required to pay event fees; these athletes are also exempt from payment of U.S. Ski & Snowboard Head Tax. *(If confirmation is required, please contact U.S. Ski & Snowboard Competition Services.)*

Athletes named to Regional and Divisional Team are not waived from U.S. Ski & Snowboard National Head Tax. Refer to your Region/Division Handbook regarding Region/Division Head Tax waiver policies.

- **The entry fee schedule payable to the host ND affiliate club for individuals competing at ND affiliate club races is as follows:**

Northern Division Head Tax

- **The head tax fee schedule for a club hosting a ND U.S. Ski & Snowboard race is as follows**
 - **Scored Race U.S. Ski & Snowboard Head Tax: \$12.00** per head/per start
 - *Collegiate USCSA/ U.S. Ski & Snowboard pay **Flat fee head-tax of \$350/event per gender**
 - **Scored Race Western Region Head Tax: \$4.00** per head/per start
 - *Collegiate USCSA/ U.S. Ski & Snowboard races ARE exempt from this fee
 - **Scored ND Head Tax: \$7.00** per head/per start
 - *Includes WR U14 and U16 Championship events. Collegiate USCSA/ U.S. Ski & Snowboard pay **\$7** per head/per start for all non-college entries
 - **NON Scored U.S. Ski & Snowboard Head Tax: \$0.00** per head/per start
 - **NON Scored WR Head Tax: \$1.00** per head/per start
 - **NON Scored ND Head Tax: \$7.00** per head/per start
 - ~Includes SkillsQuest Tournaments which are **not** part of an event

- **The head tax fee schedule for a club hosting a ND WR FIS race is as follows, for each race (excluding NorAm, World Cup, and National Championships)**
 - **FIS U.S. Ski & Snowboard Head Tax: \$12.00** per head/per start
 - *FIS University Races included
 - **FIS WR Head Tax: \$12.00** per head/per start
 - *FIS University Races pay **\$4.00** per head/per start
 - **FIS ND Head Tax: \$7.00** per head/per start
 - *FIS University Races pay **\$7** per head/per start for all non-college entries

ND Calendaring Philosophy & Procedure

Calendar Philosophy and Procedures

The Northern Division annual competition calendar is athletically based, uses periodization, and takes into consideration the quality of competition. The ND calendar uses an integrated top down approach; with block scheduling, marker events with clear path rewards. The calendar process begins shortly after the end of the season after we get the first drafts of the Western Region and NorAm calendars. Key considerations made while constructing the upcoming calendar are racer management and site selection.

Racer management involves periodization, peak events, focal series, training periods, secondary series, competition blocks, rest and recovery periods, and physical training. The ND ACC tries to ensure block scheduling so programs can tailor their training around key events at various times of the year. For instance, the ND calendar is constructed to offer a technical opportunity in January, a speed block opportunity in late January to early February, another couple of technical opportunities in late February and March, with Western Region and Divisional Championships occurring mid to late March.

Guidelines:

- All Northern Division clubs will have a template of the calendar prior to June 1st and prior to the summer Northern Division meeting for review sent via e-mail from the ACC and Calendar Chairs.
- Prior Landowner / Mountain Mgr. approval in place prior to bidding at the summer meeting.
- All Northern Division clubs wishing to bid on a race series must be present at the Northern Division Summer meeting or designate a knowledgeable representative to represent their respective club and area at the summer meeting and be prepared to list certified officials who will work the event.
- Consider Geographic's and discipline that fall into a timeline that will flow into a logical progression. Integrate Western Region, Collegiate and Northern Division calendars.(Trying to prevent overlap)
- Create a calendar that promotes 4 event skiers.
- Site selection, event organization and hill preparation / cooperation should be considered. Race organizations are responsible to ensure that they have enough certified individuals to host the level of event they are bidding on. It is also their responsibility to have enough safety protection and equipment available to run an event.
- Northern Division Clubs hosting major events i.e.; Western Region FIS, Regional Junior Championships, Nor-Ams, any FIS or championship events should not be strained in any way from the Northern Division calendar.
- All sites selected for events for the upcoming season must understand the allocation of Head Tax and know the deadlines for submission.
- All events that are bid on must have current Homologation papers. Technical Homologations are every 10 years; Speed Homologations are every 5 years. Scored events must be on homologated courses.

Northern Division Race Series

Northern Division race series allows skiers of all ages an opportunity to compete. The ladder of ski racing is designed so that beginning, novice racers can easily get involved in the sport, and the experienced, elite racers can advance on to regional, national, and international competition. The current Northern Division calendar of events can be found on the website [2023 Tentative Final Calendar](#).

Non-Scored Youth Series League

The Youth Ski League (YSL) race series is non-scored. Youth Ski League racing is a nationally organized program for athletes 15 years of age and younger interested in ski racing. This program is being run in conjunction with the local ski clubs and ski schools. This program provides fun and instructional racing for young skiers. Athletes invited to enter Youth races are any U16 or younger racers in the Northern Division. This race series is open to any athlete who wishes to just compete and not develop a point profile. The YSL series may consist annually of one or several open events as well as U14 qualifiers for Western Region U14 Junior Championships and Tri-Divisional Championship. There will be a U14 Finals (open to U14's only) and also a YSL Championship event (geared towards those U12's and under) scheduled for the end of the season. U16's are allowed to enter most YSL events and will be awarded within their class, but their scores will not be counted towards team or overall awards. Currently for

the 2023 Year, there is no U14 Finals Host and U14s are able to race in the YSL Champs.

There are specific events each season which are U14 Qualifiers for regional championship events and Tri-Divisionals; The Northern Division Calendar clearly states which events are U14 qualifiers. Athletes and Coaches are encouraged to understand and manage their own schedules using qualification guidelines for these specific events. Again this season, the division allows scoring at several U14 Ski-up (U.S. Ski and Snowboard national point scoring) opportunities: U14's will be able to attend scoring event opportunities at the early December Red Lodge SL, Big Sky Speed events as well at OHG U14-SR at Bridger in March.

Generally, at YSL Series, all racers compete in the same races. The U8's, U10's, U12's, U14's and U16's are maintained as separate fields with their own start lists and are run separately. Races start with the U8's running first, then U10's, U12's, U14's and the U16's last. The starting order is determined by the TRS method, random draw, which is reversed for second run in GS and SL races within age class, unless the ROC or jury recommends and follows U621.11.3.3, which must be announced at the team captain's meeting and communicated to the Race Administrator. **Any other change to this order must be announced and approved at the team captain's meeting.** U16's and younger are allowed a second run even if they are disqualified or did not finish the first run, but they are ineligible for awards.

Western Region Championships

Regional Championship Quotas

The quotas are established through calculations via the "**Corrock and Price Method**". This method is based on a philosophy of using the average of population and performance for each division to determine Regional Championship quotas.

- The population data will be derived from the divisional memberships on the National points list valid May 1st using the birth years of the upcoming Championship event. Foreign athletes will not be included in the population.
- The performance allocation will be based on the prior year's performance by each division for the respected event. All races contested are included in the equation. Those competitors finishing within 10 percent of the winning time will be included in each division's performance percentage. Foreign athletes will be included if they utilized their divisional quota selection to enter the championship event.
- Formula: $((\% \text{ of Population}) + (\text{Average } \% \text{ of Performance}))/2 = \% \text{ of Quota}$
 - o Take the percentage of population plus the average percentage of performance from all starts at last year's championships, divided by 2 to determine the percentage of quota.
 - o Then multiply that percentage by the field size for the gender to determine the raw quota.
 - o All rounding should be reviewed to the thousandth.
 - o No division will have a quota of less than 4 women and 4 men. Adjustments will be based objectively from the raw quota to ensure the minimum quota is provided to each division.

Western Region U14 Junior Championship (YOB 2008 & 2009)

The first Western Region U14 Junior Championship was held in 2016 at Jackson Hole Resort, WY, and returns to Jackson Hole again in 2023.

Quotas

There is no set quota by gender. The field size is held constant at 120 but the number of women and men, as a percentage of that total field, will fluctuate as a function of both population and performance on a divisional basis. The quotas are established through calculations via the "Corrock and Price Method" described above. No division will have less than four women and four men. Foreign athletes count toward a division's quota.

Seeding

The WR ACC has approved a special seeding procedure for this event known as the "5-Seed Method". There will be 5 seeds, taking the divisional quota divided by 5 to determine each division's quota per seed. If the quota is not divisible by 5 then the first seeds are increased by one more until the quota is complete. All divisions have a minimum of two athletes per gender in the first seed. The Seeding Chart is shown in the appendix of [The Western Region Handbook](#).

A random draw for the divisional order will be held for each seed in each event, including the SG training run, by the ROC, with the participation of the technical delegate(s), and communicated to the regional and divisional offices. The divisions place their quota into each seed for each event in the order they choose, by their own selection methods, and the five divisional offices then enter their own quota to the ROC by the entry deadline. Modifications to the entered seeding may only be made for injury, illness, or other extenuating circumstances with the approval of the appropriate divisional office.

Selection Procedures

This is the regional championship event for U14s from the five divisions of the Western Region.

Participation is restricted to U14 (by year of birth) competitors. There is no foreign quota for this event. Foreign U14 competitors living in the U.S. may attend as part of the quota of the division in which they are competing. Foreign competitors must hold the proper membership with U.S. Ski & Snowboard and their division, along with qualifying under their division's rules. U12s are not allowed to participate in this event under any circumstances. Each division is responsible for establishing qualification procedures for filling its quota. Course Setters and Jury Members Course Setters, and Jury members must be members of U.S. Ski & Snowboard. The Western Region Director, working with the Divisional Manager, the Divisional AO chair of the host division, and the ROC, appoints the Technical Delegate(s) (TD) for these events. The TDs must be national level 3 TDs or higher.

An effort will be made to apportion course setting and jury assignments among the coaches of the five participating divisions. However, at a championship event it is not always possible to be

completely equitable. The U.S. Ski & Snowboard commissioner for the event, along with the TD(s), will assign the jury and course setters.

Coaches Passes -see above policy

Head Tax

The U14 Regional Junior Championship event is subject to U.S. Ski & Snowboard head tax and a \$4.00 WR head tax. Divisions holding the event may also choose to charge a head tax on this event and Northern Division does charge \$7/start for this regional event.

Awards

The awards for U14 Junior Championships will be for at least the top three finishers in each event and the overall winner of the series. SkillsQuest will be awarded.

Western Region U14 Whistler Cup

Beginning in 2018, the Western Region selects a U14 Whistler Cup Team to compete against athletes of their age from other countries. The event is held each year in Whistler, B.C. and consists of a SL GS, and Paneled Dual SL.

Quota

6 men and 6 women from the Western Region

Team Selection

1. A ranking list will be made by adding the World Cup points of an athlete's best two results from SG, GS or SL at the WR U14 Junior Championship. If only two events are contested both scores will be used to rank athletes. A single score will be used if only one event is contested. No athletes will be purged from the results when assigning World Cup points. World Cup points will be awarded to the top 30 finishers using the 100-point system.
2. Using the ranking list from the WR U14 Junior Championship, the top 6 athletes per gender will be selected, skipping over foreign athletes and athletes that have been selected to attend the U.S. Ski & Snowboard U16 National Championships.
3. If a tie exists, the single-best WC point results will be used. If necessary, the next best WCpoint result will be used, and this process will continue until the tie is broken. If a tie still exists after considering all results, the tie will be broken using GS race points earned at the Junior Championship.
4. No development requests will be considered.
5. An alternate list of 6 athletes per gender will follow the same selection criteria.

The team will be announced within 48 hours after the completion of the U14 Junior Championship.

Families and coaches will receive project details with the announcement. Invited athletes will need to confirm by the announced deadline. Alternates will be invited if unfilled spots become available per item 5 above.

Northern Division Selection Procedures Western Region U14 and Tri-Divisional U14's:

One selection board will be used for U14's for Northern athletes selection to WR U14 Championships or U14 Tri-Divisional Championships.

- To be eligible for WR U14 Championships competition or U14 Tri-Divisionals, an athlete must hold a current U.S. Ski & Snowboard competitor license and have all Northern Forms on file by November 30th of that season.
- Selection will be made by using the ITS method ([See the Alpine Competition Guide](#)). The sum of New World Cup Points will be used for the **two** best slaloms and **two** best giant slaloms from the qualifying tech events. *See [Calendar](#) for the list of qualifiers. Athletes must have competed in at least **one** qualifier in each of the following disciplines: 1 slalom (SL), 1 giant slalom (GS), and 1 Super G(SG). Athletes selected to the WR U14 Championship cannot defer to the Tri-Divisional Championship. Athletes will not be allowed to attend both events. Those not qualifying or without Northern forms on file will be purged from the board. The ACC may allow an athlete to remain on selection boards with an ACC approved petition for extraordinary circumstances when the above stated minimum requirements have not been met, however that petition needs to be emailed to the ACC Chair, ND President and ND Manager with documentation (if applicable) according to the policy stated below. Additionally, should a Northern athlete not be able to meet these minimum requirements due to participation in a National Devo or Western Region project at the time of the Northern Division Qualifiers, then the ND ACC will address each athlete's situation and his/her competitive participation in ND qualifiers to date, but it will be up to that athlete's coach to communicate this issue before the last day of qualifiers as that is when selection boards will be figured and sent thereafter for ACC approval.

Petitions to remain on the selection board due to any other extraordinary circumstance must be made in writing or email to the divisional manager, ACC Chair and ND Board President within 48 hours of missing an event. If applicable, an approved medical release must be signed and dated by a medical doctor, stating the reasons why the athlete was unable to participate in the event. This medical release must be dated within 5 business days of the missed event (or sooner if at all possible) The ACC will make a final decision on all petitions prior to finalization of the selection boards.

U14 WR Champs Selection Boards will be arranged in order of slalom, giant slalom, and Super G in descending world cup point order. The order they land in each column will determine their final seeding order in each of these events at WR U14 Championships and U14 Tri-Divisionals.

- Ties in a discipline will be broken by the competitor's third best result in SL, GS or SG, then continue with the fourth, fifth and so on until the tie is broken, then if still tied, by lowest **race** (*See current Alpine Competition Guide*) points as calculated per U.S. Ski & Snowboard standards of results from the best two SL, GS or SG U14 Qualifiers.

- Alternates will be selected until the quota is filled for each event.

ND ACC may pick up to 20% of U14's for WR Championship or Tri-Divisionals using its discretion. Should the quota be less than four, the 20% discretion would be rounded up to 1 spot.

The selection board put together by the ND Manager and approved by the Northern Division ACC is the official selection board. The ND ACC and ND Manager will announce the WR U14 Regional Championships Team including seeding and U14 Tri-Divisional Championship Team on the website after the selection board, seeding and selections are approved by the ND ACC.

Tri-Divisional Championships (U14's & U16's)

Purpose/Structure of the event . This is a four day event with U14 and U16 quotas per gender for Alaska, Northern and host Intermountain; To establish a championship event that serves the needs of all 3 Divisions; To enhance the level competition beyond the divisional level for each athlete;

To establish a multiple-tier championship structure. The championship format will include three events contesting SL, GS, and SG for U16 and U14 athletes. There will be an official SG training run.

Quota selection method

- There will be a set quota of 35 U16's and 70 U14's per gender for a total field size of 210 athletes. The quotas are established through calculations based on the population. The population data will be derived from the divisional memberships on the USSA points list valid May 1st, using the birth years of the upcoming Championship event. Foreign athletes will not be included in the population.

Formula: % of Population = % of Quota per gender and age class.

- All rounding should be reviewed to the thousandth.

- No division will have a quota of less than 4 women and 4 men per age class. Adjustments will be based objectively from the raw quota to ensure the minimum quota is provided to each division.

Seeding method

The 3 Divisions have approved a special seeding procedure for this event known as the "5- Seed Method". There will be 5 equal seeds, taking the divisional quota divided by 5 to determine each division's quota per seed. If the quota is not divisible by 5 then the first seeds are increased by one more until the quota is complete.

A random draw for the divisional order will be held for each seed in each event by the ROC, with the participation of the technical delegate(s), and communicated to the divisional offices. The divisions place their quota into each seed for each event in the order they choose, by their own selection methods, and the three divisional offices then enter their own quota to the ROC by the entry deadline. Modifications to the entered seeding may only be made for injury, illness, or other extenuating circumstances with the approval of the appropriate divisional office. Northern spreads the U16's as evenly as possible throughout all five seeds in the order of the world cup points they received at qualifications.

Head Tax

Northern does charge a \$7/per start head tax for Tri-Divisional events held in our division.

[Quotas for Tri-Divisionals 2023](#)

Western Region U16 Junior Championship (YOB 2007 & 2008)

The Western Region U16 Junior Championship moves between the Western Region divisions. A bid evaluation process exists for this event. The event has been held at many different ski resorts throughout the five western divisions. In 2023 the championship will be held at Sun Valley, ID.

[Quotas](#)

The base field size for this event is 170 total athletes from both genders. The quotas are established through calculations via the "Corrock and Price Method" described above. There is no set quota by gender. The field size is held constant at 170 but the number of women and men, as a percentage of that total field, will fluctuate as a function of both population and performance on a divisional basis. Foreign athletes count against a division's quota.

Seeding

The WR ACC has approved a special seeding procedure for this event known as the "5-Seed Method". There will be 5 seeds, taking the divisional quota divided by 5 to determine each division's quota per seed. If the quota is not divisible by 5 then the first seeds are increased by one more until the quota is complete. All divisions have a minimum of two athletes per gender in the first seed. The Seeding Chart is shown in the appendix of [The Western Region Handbook](#).

A random draw for the divisional order will be held for each seed in each event by the ROC, with the participation of the technical delegate(s), and communicated to the regional and divisional offices. The divisions place their quota into each seed for

each event in the order they choose, by their own selection methods. The five divisional offices then enter their own quota to the ROC by the entry deadline. Modifications to the entered seeding may only be made for injury, illness, or other extenuating circumstances with the approval of the appropriate divisional office.

Beginning in 2019, the Super-G training run at the U16 Junior Championship was replaced with an additional Super-G race. The 2nd contested Super-G race is used as the championship event and included in the overall award, unless only one SG is held. Both SGs at the U16 Championships will utilize the championship seeding method, however each race will be drawn separately to determine the running order.

Automatics to the U16 Junior Championship

Western Region athletes who participate in national competition projects in Europe that conflict with divisional qualification to the regional U16 championship may be automatics to the Western Region U16 Junior Championship and will be randomly seeded within the first seed. For example, if the first seed contains 20 athletes, the seed will be expanded to 21, 22, 23... etc., to include the automatics. These automatics will not count against divisional quotas.

Selection Procedures

This is the regional championship event for U16s from the five divisions of the Western Region. Participation is restricted to U16 (by year of birth) competitors. There is no foreign quota for this event.

Foreign U16 competitors living in the U.S. may attend as part of the quota of the division in which they are competing. Foreign competitors must hold the proper membership with U.S. Ski & Snowboard and their division, along with qualifying under their division's rules. U14s are not allowed to participate in this event under any circumstances. Each division is responsible for establishing qualification procedures for filling its quota.

Course Setters and Jury Members

Course Setters, and Jury members must be members of U.S. Ski & Snowboard. The Western Region Director, working with the Divisional Manager, the Divisional AO chair of the host division, and the ROC, appoints the Technical Delegate(s) (TD) for these events. The TDs must be national level 3 TDs or higher.

An effort will be made to apportion course setting and jury assignments among the coaches of the five participating divisions. However, at a championship event it is not always possible to be completely equitable. The U.S. Ski & Snowboard commissioner for the event, along with the TD(s), will assign the jury and course setters.

Coaches Passes

See stated policy in the appendix of The Western Region Handbook.

Head Tax

The U16 Regional Junior Championship event is subject to U.S. Ski & Snowboard head tax and a \$4.00 WR head tax. Divisions have the right to charge head tax if this event is within their division and Northern does charge \$7 per start.

Awards

The awards for U16 Junior Championships will be for at least the top three finishers in each event and the overall winner of the series. The overall award is determined by summing an athlete's World Cup Place Points from all three events. The racer with the highest sum of World Cup Points is the winner. If only two events are contested the overall award will be determined using both. If only one event is contested no overall is awarded.

A tie in calculating the overall winner will be broken as follows:

- by highest World Cup Points in a single race
- by the second highest World Cup Points in a single race
- by the lowest race points in a single race
- by the second lowest race points in a single race

Advancement Opportunity

Refer to the U16 National Championship section below

Northern Division A- U16 Race Series – with U14 Speed and U14 Tech Scoring Opportunities

The ND A-U16 race series is a race series open to all A- U16's and older, who hold a U.S. Ski & Snowboard competitors license. This series consists of one open Slalom, several qualifying tech series, and Big Sky speed race series for 2023, one U16/U14 GS/SG qualifier, and others which include opportunities for U14's to score U.S. Ski & Snowboard National points if they choose to attend. Northern's ACC does not intend for U14's to attend all of these ski-up opportunities; it is recommended that the decision be coaches' management based on how to best manage that athlete, perhaps attending those events that are closer to their home proximity. Over the Hill Gang Championship (OHG) serves as this age group's U.S. Ski & Snowboard Championship event in late March and will also be open to all U14's and older. All events beginning in January and one specifically for U16's (and U14's) prior to OHG serve as the qualification series for the WR U16 Junior Championships and WR Junior U18-U21 FIS Championships.

Northern Division Selection Procedure Western Region U16 Junior Championship/Tri-Divisionals

One selection board will be utilized for selections to Wr U16 Junior Champs and Tri-Divisionals.

- To be eligible for U16 Western Region Junior Championships competition or U16 Tri-Divisionals, a competitor must hold a current U.S. Ski & Snowboard competitor license and have all Northern Forms on file by November 30th of that season.
- Selection will be made by using the ITS method (see U.S. Ski & Snowboard Competition Guide). It will be based on the New World Cup Points sum of the best **two** results in SL, GS and SG from the U16 Qualifiers.
- An athlete must have competed in at least **one** U16 qualifier in each of the following disciplines: 1 slalom (SL), 1 giant slalom (GS), and 1 super G (SG).
- The U16 Selection Boards will be arranged in descending order of new world cup points in column order of slalom, giant slalom, and super G. The order that athletes land on the boards in each of these columns determines their seeding order at each of those events for WR U16 Championships or Tri-Divisionals. Athletes selected to the WR U16 Championship cannot defer to the Tri-Divisional Championship. Athletes will not be allowed to attend both events.
- Alternates will be selected until the quota is filled for each event
- Ties in a discipline will be broken by the competitor's third best result in SL, GS or SG; then continue with 4th best, 5th best and so on until the tie is broken, if still tied then break by lowest **race** (see *current Alpine Comp Guide*) points as calculated per U.S. Ski & Snowboard standards of results from the best two SL, GS or SG U16 Qualifiers.
- Athletes have specific requirements to remain on a selection board. For U16's, the requirements to remain on a selection board are current Northern Division Forms on file and at least one start in a ND qualifier in each event; SL, GS and SG. Athletes not meeting these requirements will be purged from the boards. The ACC may allow an athlete to remain on selection boards with an ACC approved petition for extraordinary circumstances when the above stated minimum requirements have not been met, however that petition needs to be emailed to the ACC Chair and ND Manager with documentation (if applicable) according to the policy stated below. Additionally, should a Northern athlete not be able to meet these minimums due to participation in a National Devo or Western Region project at the time of the Northern Division Qualifiers, the ND ACC will address each athlete's situation and his/her competitive participation in ND qualifiers to date, but it will be up to that athlete's coach to communicate this issue before the last day of qualifiers as that is when selection boards will be figured and sent thereafter for ACC approval.
- Petitions to remain on the selection board due to any other extraordinary circumstance must be made in writing or email to the divisional manager, ACC Chair and ND Board President within 48 hours of missing an event. If applicable, an approved medical release must be signed and dated by a medical doctor, stating the reasons why the athlete was unable to participate in the event. This medical release must be dated within 5 business days of the missed event or sooner if at all possible. The ACC will make a final decision on all petitions prior to finalization of the selection boards.
- The ND ACC may pick up to 20% of the U16 Junior Championship quota using its discretion. Should the quota be less than four, the 20% discretion would be rounded up to 1 spot.
- The selection board put together by the ND Manager and approved by the ND ACC is the official selection board. The ND ACC and ND Manager will announce the U16 Junior Championship Team including seeding and Tri-Divisional Team on the website after the selection board, seeding and selections are approved by the ND ACC.
- U16 Athletes will not be allowed to attend both U16 WR Championships and Tri-Divisionals. Seeding U16 Wr Championship athletes and for all Tri-Divisional athletes will be determined by the final order from the boards in each event column

approved by the ACC, although the ACC may use its discretion in seeding athletes in cases of injury, illness or out of ordinary circumstances. Seeding order will be completed when selection boards are completed. Each athlete will accept his or her seeding positions at the time they are asked for their commitment to attend the Championships. This seeding will only change due to illness, injury, extraordinary conditions and any changes must be approved by the divisional manager in writing..

ITS Method – U.S. Ski & Snowboard Comp Guide

The order of each event is arranged into separate vertical columns, best on top, last on the bottom. The columns are arranged normally from left to right: DH, SL, GS, SG. Selection is accomplished by taking the top row of names (DH, SL, GS, SG) then going to the second person in the first column. Continue across the columns. If a name comes up a second (or more times) it is skipped. Always skip across from left to right, not down for repeats.

ITS Selection Board Example:

SL	GS	SG
E	D	C
A	B	B
B	C	A
C	E	E
D	A	D

ITS Selections in order: E, D, C, A, B,

Western Region Junior Championship (U18 and U21)

The championship format for the 2023 Western Region Junior Championship includes two events contesting 2SL and 2GS for U18 and U21 athletes. In 2023 the event will be held at Alyeska, AK. Foreign U.S. Ski & Snowboard members who are full time members of a western club will not be counted against divisional quotas. Foreign athletes must enter through their ski federation.

Quotas

The divisions fill the field. The divisions establish their own procedures for making their selections. The quotas are established through calculations via the “Corrock and Price Method” described above. The Western Region Director controls a development quota of up to 15 men and 15 women for the series.

There is no set quota by gender. The field size is held constant at 170 athletes, but the number of women and men, as a percentage of that total field will fluctuate as a function of both population and performance on a divisional basis.

Seeding

Per FIS rules

Head Tax

Northern Division has the right and will exercise their right to collect head tax on events held in Northern Division including championship events.

Awards

There will be awards for at least the top three places of each race and the three-way overall result at this event supplied by the organizer. The overall winners will be the sum of Race Points from the best result in each discipline contested at Championships. Racers must complete at least one race in each discipline to be considered for the overall award.

Advancement Opportunity

One man and one woman will be selected to the U.S. National Championship from the Western Region Junior Championships based on overall ranking, if not already qualified by national quotas or the regional selection system described above.

Alan Hayes Divisions Cup

Dr. Alan B. Hayes (1945 – 2019) was a successful computer engineer, influential in the development of the computer mouse and the solid-state hard drive. Alan was also a very passionate and generous supporter of ski racing and an advocate for the Western Region. He cared deeply about the success of western athletes at either end of the result list. Alan was passionate about the

Western Region JUNIOR Championship, an event that gave many athletes the opportunity to enjoy success. The Alan Hayes Divisions Cup is an annual trophy awarded each year to the winning division from the Junior Championships.

Scoring: The NCAA 40 Point Team Scoring method will be used; 1st = 40, 2nd = 37, 3rd = 34, 4th = 31, 5th = 29, 6th = 27, 7th = 25, 8th = 23, 9th = 22, 10th = 21 ...30th = 1. Each division counts their best three scores in each event. Unused scores will not be purged. A division's total is the sum of point earned from all events contested at the Junior Championship. If a tie exists between divisions' totals, the tie will be broken by the number of top-3 podiums each division received. If a tie still exists, the division with the most 1st place podiums will be ranked first.

Northern Division Selection Procedure Western Region U18-U21 Championship:

- The Regional Selection Board Procedure will be used (see U.S. Ski & Snowboard Competition Guide)
- A six column board using both (SL, GS) technical and SG speed events will be used. ***In the 2023 Season, Western Region Junior Championships will**

not use a board including Super G because there will be no Super Gs at the championship event in Alaska. Super Gs will not be a part of the selection process for U18-U21 Champs. Northern Division will not use a six column board, but instead will use a two column board consisting of only USSA points, not Northern Division Qualifier World Cup Points for the 2023 Season.

***For the 2023 Season, SG points will not be used in the selection process nor will World Cup Points. There will be no selection of SG.**

- National Points will be used for selection boards (ITS Method) in the order SL and GS as of Points List 18 (available March 9th) ***This will be the selection procedure for the 2023 Season.**

Athletes have specific requirements to remain on a selection board. To be eligible, a competitor must compete (start) in ND U19-U21 Qualifier races in at least **two races**. All athletes are required to have Northern Division Forms on file by November 30th of that season. Athletes not meeting those qualifying minimums or without forms on file will be purged from the board. The ACC may allow an athlete to remain on the selection boards with an ACC approved petition for extraordinary circumstances when the above state minimum requirements have not been met, however that petition needs to be emailed to the ACC Chair and ND Manager with documentation (if applicable) according to the policy stated below. Additionally, should a Northern athlete not be able to meet these minimums due to participation in a National Devo or Western Region project at the time of the Northern Division qualifiers, the ND ACC will address each athlete's situation and his/her competitive participation in ND qualifiers to date, but it will be up to that athlete's coach to communicate this issue before the last day of qualifiers as that is when selection boards will be figured and sent thereafter for ACC approval.

- Petitions to remain on the selection board due to any other extraordinary circumstance must be made in writing to the divisional manager and ACC Chair and ND Board President within 48 hours of the missed event preferably by the coach of the athlete or parent/legal guardian. If applicable, an approved medical release must be submitted within 5 business days of the missed event (or sooner if possible). The ACC will make a final decision on all petitions prior to finalization of the selection boards.
- Ties on points board will be resolved by the athlete's points on the other discipline on the board.
- The selection boards will be arranged in the order of slalom and giant slalom,
- If an out of high school U21 wants to be placed on the boards, a Northern Division Intent to Compete form must be submitted on WR online intents for Northern Division by February 15th.
- The ND may pick up to 20% of WR Jr. Champs quota using its discretion. Should the quota be less than four, the 20% discretions would be rounded up to one spot.

- The selection board put together by the ND Manager and approved by the ND ACC is the official selection board. The ND ACC and ND Manager will announce the U18-U21 WR Championship Team on the website after the selection board and selections are approved by the ND ACC.

Western Region Race Series and Events **(From the Western Region Policies and Procedures 2022-2023)**

Western Region Selection and Intent Procedures for National and International Races

Western Region has quotas for the various national events; U.S. Alpine Championships, U.S. Junior Championships, FISU and out of region FIS races. The Western Region ACC has established procedures for filling these quotas. To be considered for any of these events, racers must declare their interest in the events according to the region's Intent to Compete procedure.

Only current U.S. Ski & Snowboard members, who have the proper membership and are Western Region athletes as defined in the U.S. Ski & Snowboard bylaws, will be eligible for these events. See the National Championships section of the Western Region Policies and Procedures for U.S. Alpine and U.S. Junior Championships for additional criteria and exceptions.

Eligibility for quotas has prerequisites. Racers who wish to be included in some or all of these quota selections must meet these prerequisites. Racers are responsible for knowing and meeting these requirements. They include but are not limited to being current in financial standing for regional and tri-Regional projects.

Requests to participate in other regions' FIS races must be intended on the USSA intent site 21 days out from the first team captain's meeting. Entry fees are the responsibility of the individual competitor or team captain of a divisional development trip and must be paid according to the policies of the division or region hosting the event..

Regional Intent to Compete Declaration Method

Intents will be submitted on the U.S. Ski & Snowboard website. Please refer to the website for instructions. Intents may be declared on the first day of the month prior to the competition and are due 21 days prior to the first team captain's meeting. Intents must be confirmed 16 days prior to the first team captain's meeting. There is a calendar on the website with Intent Deadlines clearly marked.

Intents may be submitted for multiple race series for any given dates within a period. All quotas in Canada are national and determined by national rank using FIS points by the national office. Selected athletes must be confirmed on the intent site 16 days prior to the first team captain's meeting.

Athletes can only be confirmed to one race or event on any given day. For regional quotas, ranking lists will be constructed for selection purposes based on the National points list valid on the date the intents close. Athletes may also be selected for a regional quota based on head-to-head competition, recent results, or discretionarily selected. Selected athletes: coaches who intended the athlete will be notified electronically, as soon as the selection is complete.

The deadline to confirm will be published on the intent site 16 days from the first TC meeting of the series. Unconfirmed athletes will be pulled.

Only those athletes who intend 21 days prior to the first TC meeting will be ranked on the selection board. Confirmed athletes who want to attend the event must go to Athlete Event Registration at my.usскиandsnowboard.org (or to a different payment portal if instructed) and pay race entries.

Payment must be received by the 16-day confirmation deadline or athletes will be pulled. Coaches who wish to attend the event must go to Athlete Event Registration and click the Attend button. This will provide your contact information to the Race Administrator for announcements, updates and TC meetings.

For Northern quotas for Western Region FIS events, the Northern Division Manager will post selections on the Northern tab called Championship selections following the closing of the boards for that event. Confirms/Pulls must be made within a 72 hour time frame once announced. Unconfirmed athletes will be pulled. Clubs will be responsible for organizing coaching and trip sheets for FIS races in the 2023 season.

Northern athletes U.S. Ski & Snowboard Intent to Compete out of Division/Region

For those athletes wanting to race **out of division U.S. Ski and Snowboard** events, (**provided the dates do not conflict with our own series or qualifiers**) emails must be sent to the Divisional Manager and ACC Chair 30 days in advance of the event. Permission then needs to be obtained by our manager as well as from the other division/region and organizer. The Divisional Manager has to arrange for all out of division entries.

Western Region Race Series

The Western Region is responsible for scheduling FIS competitions within the western states of U.S. Ski & Snowboard. Western Region is also responsible for controlling field size, distributing quotas to the five western divisions, and monitoring foreign race entries and entries from the other regions.

In 1982, the series started with a December DH series and a January technical series. In 1983 the Spring Series was added and the races were FIS sanctioned for the first time. 1985 saw the addition of SG to the series and in the early 1990s a second technical series, the Devo Series, was added.

Beginning in 2022, Western Region changed its FIS Series qualification to support the "2-Tier System" for FIS racing adopted at the 2021 U.S. Ski & Snowboard Annual Congress. The System supports key Health of Sport principles including appropriate levels of competition for athletes, a clear advancement path, access to the sport and retention of athletes. FIS athletes generally compete at three levels of competition:

- Home Series - where athletes are developing and moving toward the top of the results
- Reach Series - advancing from Home Series via performance, experiencing next level of competition and striving to become competitive
- Championship level - one-time competition to perform at one's highest level

Regional Rank Quota Method

Eighty men's and 80 women's slots are allocated among the five western divisions based on each division's percentage of the total number of Western Region athletes on the U.S. Ski and Snowboard age ranking lists valid on May 1 from the prior year.

- The number of ranked competitors from each division in the top 100 of the U.S. Ski & Snowboard lists for each year of birth of the upcoming year's FIS-age juniors will be determined by summing the number of each division's junior athletes appearing on the ranking list in SL, the number appearing in GS and the number appearing in SG.
- An athlete who is age-ranked in two or three disciplines will be counted each time they are ranked in the top 100 by YOB.
- The Western Region total will be the sum of the division totals and the percentage of 80 of the totals will determine each division's base number of competitors.
- The divisional quotas calculated using the Rank Quota Method will be used of all tech events, and tech events including SG. The total quota for a speed series remains at 115M and 115W. See Appendix for divisional quotas in [The Western Region Handbook](#).

WRangler Cup Series (Devo Series)

The WRangler Cup Series is the introductory level where athletes from the five western divisions begin FIS racing and develop FIS experience. Athletes qualify to the Wrangler Cup through their division's selection process. Divisions are assigned quotas based on the Regional Rank Quota Method, described above. Divisional quotas may be expanded, as field size allows, at the discretion of the regional director. The minimum divisional quotas are 6 men and 6 women.

Some WRangler Cup races are "Open Races" that include athletes from all five western divisions. Other races are calendared as "Zone Races" with the region split into two zones of competition. Finally, certain identified WRangler Cup races are "selection" races that offer athletes advancement opportunity to the Western Region Cup Series (Elite Series). (See appendix for selection races.)

WRangler Cup Zone Races

Some WRangler Cup events are split into "zone races" with two events contested simultaneously in the region, allowing more athletes the opportunity to compete closer to home. Athlete are only allowed to compete in the zone race that corresponds to their divisional membership. The western divisions are split into zones as follows:

Zone 1 - AK, PNW & FW

Zone 2 - ND & IMD

Elite Automatics at WRangler Cup Races

Elite Automatics are not eligible for their division's quotas to WRangler Cup races used for selection to the Elite Series. Automatics who wish to compete in these WRangler Cup race must confirm their intention on the Intent Site to be included in the Western Region Director's quota. Preference will be given to Automatics who are local or reside close to the event resort, and to Automatics who would most benefit from the opportunity. The regional director has an expanded quota of 25 men and 25 women for the Wrangler Cup.

See Appendix in [The Western Region Handbook](#) for the 2022-23 calendar and divisional quotas to the WRangler Cup Series.

Western Region Cup Series (Elite Series)

For 2022-2023 there will be four Western Region Cup events scored toward series standings. The two Tech Series events at Sun Valley and Park City/Snowbird each consist of two SL and two

GS races. The two Schweitzer Speed Series SG races count toward the Western Region Cup. Finally, the Spring Series at Palisades Tahoe consists of two SL, two GS and two SG races.

Quotas and Field Size

The total Western Region field size for a Western Region Cup race is 60 men and 60 women. Elite Automatics are entered first into the field. Then western athletes qualified through the WRangler Cup Series fill the field up to 60 athletes/gender. The Western Region Director controls a development quota of up to 15 men and 15 women for the series. The host club has a quota of 1 man and 1 woman. The U.S. Ski Team, the other regions, and foreign countries have quotas for the races. These quotas are in addition to the Western Region field size of 60.

Elite Automatics

Elite Automatics are qualified to compete in Western Region Cup events. They do not need to qualify at WRangler Cup selection races. These athletes use the WRC as their "home series" and strive to qualify for national levels of competition, becoming competitive at those levels. An initial group of Automatics is selected in the Fall using the first NAT Points list that becomes valid in November. A single selection board of GS and SL points is used. The selection identifies 30 active U21 and U18 Western Region athletes from each gender, skipping over USST members, SR athletes and college athletes. All athletes, including those skipped, are considered Elite Automatics.

Additional Western Region athletes will become Elite Automatics during the season. An athlete who is the top ranked Western Region finisher at a WRangler Cup selection race, and who is not already an Automatic, will become an Elite Automatic for the remainder of the season. Each selection race will qualify a new Automatic.

New for 2022-23: Any Western Region athlete who is not already an Elite Automatic, and who finishes within 6% of the fastest Western Region athlete at a Western Region Cup race, will become an Elite Automatic for the remainder of the season. USST athletes, foreign athletes and college athletes are not considered when determining the fastest Western Region athlete.

Advancement to Western Region Cup

The WRangler Cup Series is used as a selection race to the Western Region Cup. The 2022-2023 WRangler Cup races used for WRC selection are identified on the calendar in the Appendix of [The Western Region Handbook](#). WRangler Cup results used for advancement to the Western Region Cup are cumulative throughout the season. A double selection board following the procedure explained in the Western Region Selection Board section, above, will be used. See the Appendix of The Western Region Handbook for quotas and identified selection races.

Other Policies Governing Western Region FIS Races

The following section describes policies and procedures that are common to all FIS competition within the Western Region.

Regional Director's Quota

The Western Region Director will have a quota of up to 15 men and up to 15 women for all races in the Western Region Junior Championship and the Western Region Cup Series. This quota will be used for development purposes and/or field enhancement. Only divisions that use discretionary selection to fill up to 20% of their divisional quota to an event for development purposes may nominate additional athletes for inclusion in this quota. The respective divisional

office in conjunction with the divisional ACC chair or other individuals designated by the division to perform this function may make nominations.

The Director's quota will not be filled if:

1. The regional director, in consultation with the ROC, determines that the resulting field size would be too large.
2. The "development" purpose of this quota is being abused. The purpose of the quota is to deal with exceptional circumstances, not as a field or quota expansion device. However, in extraordinary circumstances, the director with the agreement of the Western Region ACC chair and the event organizer may expand this quota.

The Western Region Director, in consultation with the Western Region Coach(es) and/or Manager, will have final authority for naming athletes, including athletes that have not been nominated by their divisions, to the development quota.

Additional Quotas

The U.S. Ski Team quota for these events will be all members of the A, B, C and D teams. Out-of-region and foreign quotas for these events are as follows:

Eastern Rocky/Central Canada Other Countries

Men 10 10 15(30) Per FIS ICR

Women 10 10 15(30) Per FIS ICR

For details on the exact allocation of the Canadian quota for a particular series, contact the Western Region office. All Canadian and other foreign entries must be made through U.S. Ski & Snowboard. Only the Canadian national office enters Canadian athletes into FIS races. The Western Region director or U.S. Ski & Snowboard staff will forward these entries to race organizers. By agreement between Canada and the USA, the normal quota of 30 is restricted to 15 per gender unless the regional or provincial (Canada) offices in consultation with the ROC, expands the quota to the other country. This is done on a per-race series basis. Out-of-region U.S. entries must come from the respective regional offices and be confirmed by the Western Region office. Regions are required to confirm their participation in each other's FIS races 16 days prior to the first team captain's meeting for each race series.

Host Quota

The host club(s) for a FIS series will each have a quota of 1 man and 1 woman in every race of the series, exclusive of the regional championship events. The quota is limited to age eligible racers who have the proper membership and are members of the host club. A host club quota slot may be split between multiple athletes.

Field Size Limitations

If a race is oversubscribed, Western Region athletes will be pulled from the race beginning with those with the highest points in order of a) athletes on quota expansions beyond normal quotas, b) subjective selections, i.e., regional director's quota when used for development, and c) divisional selections. No Western Region athlete will be pulled from a second race in a series until all western athletes have been pulled from one race in the event.

Minimum Divisional Quotas

The minimum divisional quota in all Western Region FIS races is 6 men and 6 women.

Divisional Selection Procedures

Each division is responsible for establishing procedures for filling its divisional quota to the WRangler Cup Series and to all Regional Junior Championships. Each division may fill 20% of its quota (min 1 Man/1 Woman) for an event on a discretionary basis. Divisions may restrict all or a portion of their quota for an event to juniors. When a WRangler Cup Series race is used as a qualifying competition for any National Championship event, the region encourages that

* 50% of any divisional quota be allocated and offered to the age group that is qualifying for the championship event.

*Divisional quota expansion may or may not be restricted to an age category by the regional director.

*Regional director's quota is not restricted by any age category.

Entry Fees, Entry Deadlines and Head Tax

The entry deadline for events in all Western FIS series is 7 days prior to the first event for USA athletes. All other FIS eligible foreign athletes may enter according to FIS rules. The organizer must receive the official FIS entry forms and full entry fees by this deadline. Copies of the official entry forms are to be sent to the Western Region office at the same time as they are sent to the organizer. Entries will be accepted from the five divisions of the Western Region, Eastern Region, Rocky/Central Region, USST, and foreign ski associations for FIS events. Western Region Championship events have age and region-specific restrictions. (See Western Region Championships). The entry deadline for western divisions is the normal 7 days; however, the divisional managers will be communicating on entries 28 days in advance to facilitate quota management. In the case of over subscription, the field size management system described above (Field Size Limitations) will be used to reduce the field to the FIS maximum allowable number of competitors.

Entry Fees for Western Region Cup (Elite), WRangler (Devo) and Western Region FIS Junior Championships

- FIS Entry Fees for all Western FIS races will be limited to a maximum of \$58.00 per Slalom or GS start, and \$62.00 per Super-G or Downhill start.
- Training fees for speed events will be limited to a single charge of \$60.
- Organizers may require a series entry fee. This may be split when speed events are scheduled with technical events in the same block.
- Organizers will be obligated to refund entries only in the case of injury and illness, as long as the athlete is pulled from the seed board.
- An organizer may, but is not obligated to, accept entries at the first Team Captain's Meeting. The date that entries are due must be on the race announcement. A penalty may be applied that is up to 50% of the entry fee to be paid if they are not PAID IN FULL 7 days prior to the first Team Captain's Meeting of the series.

Entry Fee for U16 and U14 Junior Championships

The maximum entry fee for the Western Region U16 and U14 Junior Championships is \$50 per Slalom & GS start, and \$54 per Super-G start.

Entry refunds for canceled events

For events canceled prior to the first scheduled team captains meeting there will be a complete refund of all paid entry and speed training fees.

1. For technical events canceled or terminated by the jury on the day of competition there will be an entry fee refund of 1/2 the organizers portion, 1/2 the regional head tax, and the full U.S. Ski & Snowboard head tax. The region's 1/2 portion is remitted to the region. Any

unpaid head tax is refunded to the athlete.

2. For speed event(s), including speed training, canceled or terminated anytime during the official program dates by the jury, there will be an entry refund of 1/2 the regional head tax, the full U.S. Ski & Snowboard head tax and the training fee if no training was conducted.

The organizer retains the organizer's portion provided the organizer and ski area make all possible efforts to hold the event, as assessed and reported in the event evaluation report by the jury members (3) consisting of the TD, the referee and the assistant referee. The region's 1/2 portion is remitted to the region. Any unpaid head tax is refunded to the athlete.

3. Organizer will be obligated to refund entries in the case of injury and illness. In the event that an athlete is sick or injured on the day of the race, the athlete's coach must notify the race organizer, prior to race start, in order to get a refund if the athlete is a DNS.

4. For any athlete that is listed on the official results as a DNS all national and regional head tax must be refunded. The athlete forfeits the remainder of the entry fee, including the training fee at a speed event, except for illness or injury as stated above.

Western Region's Portion of Event Entry Fees - AKA 'Head tax'

The Western Region receives a portion of the entry fee for all nationally scored and non-scored U.S. Ski & Snowboard events, FIS, and FISU races run in the divisions of the Western Region.

The region does not receive head tax for a first run DNS. No entry fee portion is due Western Region for named U.S. Ski Team members. (See Appendix for head tax table.)

The region will collect a \$4.00 head tax on all divisional races scored to the National Points List, and a \$1.00 head tax on all non-scored divisional races. The region will collect head tax of \$12 for any regional FIS race in the Western Region. Northern Division can and will collect a head tax on events held within Northern Division, this includes championship events.

TD Expense Reimbursement

The OC of a Western Region FIS event may request reimbursement for TD expenses up the daily FIS TD Per Diem allotment. A copy of the FIS TD's Expense Report must accompany the OC's request for reimbursement. The OC is still responsible for all other TD expenses including meals, accommodations and travel.

Coaches Passes

The organizer will provide complementary lift passes for coaches listed on the back of the FIS entry forms received at least 7 days before the first team captains' meeting of the event according to FIS rules. Event organizers will provide complementary lift passes at regional championships for coaches officially listed on the entry submitted from the divisional managers. Coaches for the regional/divisional quota teams and college teams must be member coaches of U.S. Ski & Snowboard. Each team will be entitled to 1 coach per gender plus 1 coach for each 10 competitors or portion thereof. Racers will not be eligible for coaches' passes. Coaches who are not included on the entry forms, who are in excess of a team's quota, or who do not meet the membership requirements, will be able to purchase tickets at the racers' price.

Course Setters

The Western Region Director and/or the Western Region Coach(es) may designate the course setters, in conjunction with the jury (603.2.3) for all races in the Western Region FIS series and all regional championship events. A list of approved course setters will be generated by the region from lists supplied by the divisions of those setters each division identifies as appropriate course setters at the FIS and championship level of racing. Divisions are responsible for ensuring that identified course setters are present at the event in order to set. Mentor-setters from the

home division must accompany any setter not on the regional list if such a setter is nominated and accepted at a regional event.

Course setters must be active members of U.S. Ski & Snowboard and must hold a U.S. Ski & Snowboard current referee license, or be a member coach and licensed official of another national ski federation.

WR Snow Control Protocol

Western Region uses an impartial system to evaluate competition sites ensuring adequate snow and snow surface for competition and producing a clear approval or disapproval of the site. The venue must be competition ready a minimum of 7 days prior to the first team captain's meeting.

Western Region Event and Site Selections

Calendar Construction Considerations

The calendar of regional competitions is produced following these guidelines:

1. A periodized calendar that allows for distinct training, competition, and recovery blocks.
2. A calendar that is coordinated with the next level of competition opportunity, allowing for focused athletic purpose. The calendar should allow competitors to focus on the appropriate level of competition and provide for fluid upward mobility as well as participation in events of secondary importance for various reasons.
3. A calendar that supports the highest quality of competition appropriate to the level of regional FIS competition and Junior Championship events.
4. A calendar that utilizes the highest quality venues and race organizers available while encouraging the development of new venues for a variety of competition experiences.
5. A calendar that considers the monetary cost of ski racing and attempts to mediate the effects of those costs to participants.

Procedures for hosting a FIS or Junior Championship Event

Under U.S. Ski & Snowboard policy, Regional Development Directors act as calendar commissioners and are charged with the final responsibility for the production of FIS and Junior Championship races within their areas of operation. This is one of the most important responsibilities

of the regions. In Western Region, the ACC plays a crucial role in this process. Issues of calendar construction are examined, considered and agreed upon by the full committee and the regional director. All issues in regard to the calendar construction, implementation, and evaluation are meant

to be transparent and subject to review for adherence to the above guidelines.

In the West, sites for these events are discussed and determined each spring by the Site Selection

Committee, and presented to the Western Region ACC for approval. Organizers wishing to host an event should submit a bid to the regional office following the Western Region ACC at the pre-Congress meeting each spring. Bids will be due one week before the start of U.S. Ski & Snowboard Congress.

Chronological Steps of the Bid Process

Interested sites should follow these steps in preparing a bid for a regional FIS race or Junior Championships. This assumes that the race organization has been a successful divisional race host and has demonstrated a superior track record at the national level. Of course, race

organizers who have been to traditional FIS sites may have any number of these steps accounted for based on continued race activity at the FIS level.

Race Site Requirements

The Western Regional Elite Series, Open Series, and WR Junior Championships are FIS races. The race hills must be FIS homologated. Additionally, the venue should be reasonably challenging, but not so difficult as to produce low finish ratios. The Elite FIS Series races are qualifying events for U.S. Alpine Championships and the U.S. Junior Championships. The WR Junior Championships, the U16 Junior Championships and the U14 Junior Championships are championship events. The venues should reflect this.

The Elite Series, including the Spring Series, typically involve very large fields - 130+ men and 90+ women. Separate race hills must be available for the men and women for the technical events with fields of this size. For the Junior Championship the field sizes are smaller, but separate race hills are still desirable. Separate sites or separate hills at the same site may be used. FIS rules limit the number of races at a site [per homologation] in any five-day period to a maximum of two starts per gender in each event. Where multiple sites are used for an event, they should be reasonably close. Additionally, the Elite Tech Series is our specific interface with the RMISA conference of NCAA competition.

The U16 and U14 Junior Championships are nationally scored events for the top 14 and 15-year-old athletes and the top 12 and 13-year-old athletes, respectively, in the Western Region. Most of these athletes will have participated in some of the races of their division's top race series.

Courses should be comparable. The events contested are children's SG, GS, and SL for each age category.

Housing

A housing package is no longer required at any regional event. However, it is still the organizer's responsibility to make housing arrangement possibilities known. This can consist of a complete housing and meal package for the event, or distributing a list of hotels and motels to the divisions in a timely manner. If a housing list is distributed, the organizer should have contacted the hotels to get the best possible prices, ensure that adequate ski tuning facilities are available, and make certain that the management is willing to cooperate with the age group and is aware of the age group with which it will be dealing. When a deposit is required to reserve housing, adequate advance notice must be supplied to the divisions and the Western Region office. This should be part of the bid package and race announcement.

Site Selection Considerations

The Western Region has abolished rotations for all events as of the 2023 season. Sites may submit bids in successive years. The regional director acts as the calendar commissioner and may solicit bids from traditional sites. Otherwise, it is a responsibility of the divisions to assemble bids from the prospective sites and submit them to the Western Region director, prioritized in order of divisional recommendation.

Other items considered by the Site Selecting Committee in making recommendations will include:

- Snow coverage and snow making capabilities at the time of the proposed event must be included.
- Access to appropriately priced lodging and transportation.
- Experienced Leadership: Who is the organizer of the event? What is the recent history in hosting events? Prior event evaluations for new FIS sites are required. A list of certified officials and planned manpower is required.
- Timing: Does the race organization have a good record? A list of FIS homologated timing equipment available is required.

- Ski Area Support: A written endorsement from the area showing management/grooming support and commitment to the racer ticket price included on the bid form.
- Race Administration: Proven ability/experience from divisional races or prior FIS races.
- Race Supply: Does the race organizer have enough equipment to host the event? (Poles, fence, etc.) In the case of speed events, the safety system/protection is to be correlated with the homologation report. In the case of children's competitions, the number of correct/legal diameter flex gates and panels should be noted.

National Championships

2023 U.S. Alpine Championship (U18, U21, and Seniors)

The 2023 U.S. Alpine Championship will be hosted at Sun Valley, ID. The championship will include Super-G, GS and Slalom events.

Eligibility

Only those competitors who have participated in at least one race of the Western Region Cup races (Sun Valley in January and Park City/Snowbird in February) and the Schweitzer Speed Series SG races in February, in a particular event, are eligible to be included on the selection board in that event. Competitors who are unable to attend the qualifying races because of participation in a conflicting USST, NDG, or WR project will not be ineligible as a consequence. Members of W.E.S.T. have an exception; see the section describing the regional team.

Quota

The Western Region quota is 14 men and 14 women. The quota is filled using the Western Region Selection procedure described above with the following modifications:

- A 3-event board will be constructed using GS, SL & SG in that order
- 20% of the quota, rounded up (or at least one slot), will be reserved for discretionary selection. This (these) slot(s) may be filled by the Western Region director for development purposes. If they are used, the discretionary slots will be filled at the time the team is named.
- NAT Point List #18 will be used.

Athletes named to discretionary slots will not be considered in naming alternates to the team. In the case that a discretionary selection does not attend the competition, s/he will be replaced by the next alternate. Additional discretionary selections will not be made.

Racers must notify the Western Region office by confirming on the selection board by the specified deadline if they are interested in participating in this competition. The selection boards for this competition will only include eligible Western Region athletes who have intended.

See appendix of [The Western Region Handbook](#) for quotas to the U.S. Alpine Championship

U.S. U18 National Junior Championship (YOB 2005 & 2006)

The 2023 U18 National Junior Championships will be hosted at Mittersill, NH. The junior

the championship will consist of Slalom, GS, Super G and Downhill events.

Eligibility

Only those competitors who have participated in at least one race of the Western Region Cup races (Sun Valley in January and Park City/Snowbird in February) and the Schweitzer Speed Series SG races, in a particular event, are eligible to be included on the selection board in that event.

Competitors who are unable to attend the qualifying races because of participation in a conflicting USST, NPS, or WR project will not be ineligible as a consequence. Members of W.E.S.T. have an exception; see the section describing the regional team.

Quota

Western Region has a regional quota of 20 women and 20 men to the Junior Championship, of which a minimum of six men and six women YOB 2006 will be selected. The quota is filled using the Western Region Selection procedure described above with the following modifications:

- A 3-event board will be constructed using GS, SL & SG in that order
- 20% of the quota, rounded up (or at least one slot), will be reserved for discretionary selection. This (these) slot(s) may be filled by the Western Region director for development purposes. If they are used, the discretionary slots will be filled at the time the team is named.

Athletes named to discretionary slots will not be considered in naming alternates to the team. In the case that a discretionary selection does not attend the competition, s/he will be replaced by the next alternate. Additional discretionary selections will not be made.

Racers must notify the Western Region office by confirming on the selection board by the specified deadline if they are interested in participating in this competition. The selection boards for this competition will only include eligible Western Region athletes who have intended.

U16 National Championship (YOB 2007 & 2008)

The 2023 U16 National Championship will be held at Mission Ridge, WA. Athletes will be selected to the U16 National Championship through performance at the Western Region U16 Junior Championship.

Selection

1. A ranking list will be made by adding the World Cup points of the best two results from SG, GS or SL at the WR U16 Junior Championship.
2. If one or more regional championship competitions are canceled, the ranking will be

made by adding World Cup points from the remaining contested competitions.

3. Ties will be broken using the single best result. If a tie still exists, the next best result will be used, and this process will continue until the tie is broken.

4. There are development spots available if needed. These would be a quota expansion. Request must come from the regional staff and coaches to the Regional Director.

Quota

Western Region has a quota of 15 women and 15 men to the U16 National Championship.

Advancement Opportunity

New for 2022-2023: Up to 3 women and 3 men, born 2008, will be invited to join the WEST/RTG project in Chile, September 14 – 30, 2023. Athletes will be ranked using World Cup points earned from the GS races at the Burke NPS, both SG races and the GS race from the U16 Regional Championship at Sun Valley, and the SG and GS races from the U16 National Championship at Mission Ridge. Results will be purged of athletes from other regions and athletes born 2007.

Western Region Championships

Regional Championship Quotas

The quotas are established through calculations via the "Corrock and Price Method". This method is based on a philosophy of awarding achievement while respecting the participation needs of each division. An average of population and performance is used to determine Regional Championship quotas.

- The population data for the next year will be derived from the divisional memberships on the National points list valid April 1st, using the birth years of the upcoming Championship event. Foreign athletes will not be included in the population data.

- The performance allocation will be based on the prior year's performance by each division for the respective championship. All races contested are included in the equation. Those competitors finishing within the top 30 overall of each event will be included in each division's performance percentage. Foreign athletes will be included if they utilized their divisional quota selection to enter the championship event. Senior athletes, if competed, will be pulled from the WRJC results prior to determining the top 30.

- Formula: $((\% \text{ of Population}) + (\text{Average } \% \text{ of Performance}))/2 = \% \text{ of Quota}$

- o Take the percentage of population plus the average percentage of performance from all starts at last year's championships, divided by 2 to determine the percentage of quota.

- o Then multiply that percentage by the field size for the gender to determine the raw quota.

- o All rounding should review to the thousandth.

o No division will have a quota of less than 4 women and 4 men. Adjustments will be based objectively from the raw quota to ensure the minimum quota is provided to each division

Western Region's Portion of Event Entry Fees - AKA 'Head tax" and Entry Refunds

The Western Region receives a portion of the entry fee for all nationally scored and non-scored U.S. Ski & Snowboard events, FIS, and FISU races run in the divisions of the Western Region. The region does not receive head tax for a first run DNS. No entry fee portion is due Western Region for named U.S. Ski Team members. The region will collect a \$4.00/per first run start head tax on all divisional races scored to the national Points list and a \$1.00/per first run start head tax on all non-scored divisional races. The region will collect head tax of \$12/first run start for any FIS race in the Western Region. Divisions may charge a divisional head tax for FIS Races that are held within their division, so please refer to your division manual on this matter. Northern Division does charge a \$7/per start head tax for FIS races.

See the **Western Region Entry Fees and Refunds** on [page 45 of The Western Region Handbook](#).

ND Entry refunds for Northern Division canceled events: Northern follows the instructions above for canceled events using the same 1/2 ratio for divisional head tax (\$3.50). Race Administrators should read the above section of the WR Handbook for clarification when events are canceled and how to proceed with refunds..

Northern Division Travel Policies-

Northern Division will plan trip sheets for Championship events including Tri-Divisionals. Costs will include Coats or Souvenir, Lifts, Entry Fees, Athlete Lodging and all athletes will share in costs of divisional admin, wax, coaches per diem, lodging and as well as the cost of getting coaches to the event in club vehicles or rentals. Individual clubs will make their own travel plans and plan accordingly as to what works for each club. During Championship events, athletes are required to lodge with other athletes unless a medical exemption is provided with a doctor's note.

Other:

- All Northern Division U14's and older member athletes need to file their paperwork with the divisional manager by November 30th. College athletes on an official Roster are required to have Medical Info and Indemnification on file. All Northern Coaches must have on file signed Team Agreements. The forms can be found on the website by clicking [here](#).

Required Paperwork by November 30th in order to appear on any ND selection board:

- o Signed Northern Division Team Agreement
- o Signed Northern Division Medical Release
- o Signed Indemnification

It is the athlete's responsibility to maintain a current address, e-mail address, and phone number with the Northern Division Manager

- All athletes are required to be in current financial standing with the Division in order to continue to participate in divisional projects at out of division races. They must be affiliated with a Northern Division Club in good standing both nationally and divisionally. They must also be in good standing financially with their affiliate club in order to participate in any U.S. Ski & Snowboard or FIS Competition.
- Entry to all Western Region FIS and Western Region Elite FIS races must be submitted by the Northern Division Manager. Racers are required to participate in the full event and will be charged the full fee for the event regardless of the number of races they participate in, provided that all races in the series are held.
- It is understood that in order for an athlete to continue to receive Northern Division support at regional events their accounts must hold a zero balance. If an athlete does not stay financially current with the division, the division **will not** offer any athlete support in the form of coaching, including representation at team captains meetings and additionally, the athlete will be totally self-sufficient and on their own for food, lodging, video, waxing, etc.

Northern Division Individual and Team Awards

Jim Barrier Gold Cup

The Jim Barrier Gold Cup is Northern Division's premier race series. This is a continental cup type competition for the top racers in Northern Division. Races counting for Gold Cup points are the A-U16 qualifiers and the OHG and are open to all SR, U21, U18 and U16 competitors. Recognition of these athletes will be at the Over the Hill Gang race. (OHG)

Jim Barrier Gold Cup History

Born in 1940, Jim Barrier grew up skiing for Flathead County High School. During the years 1956-1959, he was the #1 ranked alpine racers in Montana. He tried out for and was picked to be one of four alpine skiers to compete as a member of the US Olympic Ski Team at the first Winter Olympic Games held in the United States, 1960 Squaw Valley, California. He finished 16th in the GS, but fell in the slalom. He did not compete in the DH.

Jim Barrier earned a four year skiing scholarship at MSU, but broke his leg in the fall of his freshman year. He joined the US Army, and skied for the Army. After discharge, he was a ski coach at Schweitzer. He convinced PNSA to hire him as the Divisional Coach, introducing the first junior ski racing seeding system in the United States. In 1966, 1967, and 1968, he also worked with Bob Beattie and Gordon Easton as Assistant Men's Coach for the United States Ski Team. After

the Olympics, he was hired by the Head Ski Company to develop a fiberglass ski made by Dura Fiber, which was called the Head XR-1. After Head Ski fell on hard times, Jim became president of Dura Fiber Ski, which also fell on hard times. His experience in business and manufacturing led him to a successful career in business working for Kaiser Electro Precision and Kaiser Aerospace. Jim died of cancer in 2000.

Bill Kenney Cup

The Bill Kenney series runs parallel to the Gold Cup Series. This is a continental cup type competition for U21-U16 competitors in the Northern Division. Bill Kenney Race Series is open to all Northern Division competitors enrolled in grades seven through twelve meeting point qualifications.

Little Hollow Team Cup

A club (team) award should be given at each Northern Division race. The award is for quality and not quantity. It is intended to promote junior racing, club spirit, and unity. All qualifiers, open races and OHG shall be used on calculating team scoring. At season's end the top three overall clubs will be recognized and awards presented at the Over the Hill Gang race. Club points will be calculated as follows:

Men: The top three ranked men from each club will be scored from each U14-Sr event throughout the season using overall results, with 1st place earning 1 point, 2nd place 2 points and so on. If a team has less than three racers finish, a penalty of number of athletes in the event will be added for each missing member. Lowest scoring team wins.

Women: The top three ranked men from each club will be scored from each U14-Sr event throughout the season using overall results, with 1st place earning 1 point and 2nd, two points and so on. If a team has less than three racers finish, a penalty of number of athletes in the event will be added for each missing member. Lowest scoring team wins.

Total rank points are equal to the sum of club men's and club women's points combined. The weekend series' club award will be given to the club with the lowest club points.

Total rank points will be accumulated over the season. Season club awards will be presented to the clubs accumulating the first, second, and third lowest club points. These will be recognized at the Over the Hill Gang race. (OHG)

Bud Little:

Amos Rogers Little II (Bud) skied on the Dartmouth ski team from 1936 through 1939. Also on the team was Bud's friend Dick Durrance, America's fastest skier in the very first Winter Olympic Games featuring Alpine Ski Racing. Bud won the slalom at Lake Placid while at Dartmouth and won the Western Maryland Downhill while in medical school at John Hopkins University. Bud served as a doctor in the U.S. Air Force during WWII. He moved to Helena in 1946 to become a well-known local physician. Bud raced in the Divisional Championships in Montana in 1946, 1947, and 1948. He was President of the Northern Division in 1950 and 1951. Bud was Chairman of the Alpine Championships held in Whitefish in 1949 and 1950. He was the spark plug for a lot of racing in Montana in the late 1940's and early 1950's.

Bud served on the governing board of the National Ski Association (now U.S. Ski & Snowboard) from 1948 to 1973. Each year, U.S. Ski & Snowboard presents the Bud and Mary Little Award to a person who has distinguished him/herself in international skiing.

Bud was Chairman of the Alpine Selection Committee for the US Olympic Ski Team in 1960. As manager of the US Ski Team in 1960 he took the US Ski Team to Europe and Squaw Valley, California.

Bud was a member of the FIS Alpine Committee from 1960 to 1967. He served as Vice President of the FIS from 1967 to 1992.

Rogers Little:

Rogers was born in Helena and raced in Montana and the Northwest as a junior and high school racer. He won two Northern Division Championships and was runner up at the Junior Nationals. He attended the University of Colorado on a full-ride skiing scholarship. He was mentored by Billy Kidd, and became a two time NCAA All-American as a junior and senior. He was on the US Ski Team from 1966-1972, and on the "A" team from 1970-1972. He won the Mt. Werner Classic at Steamboat Springs and the Vail Trophy Races and placed well in various World Cup races in Europe. He was named to the US Olympic Ski Team for the 1972 Sapporo, Japan, Winter Olympic Games, but tore his ACL in St. Moritz, Switzerland just before the Olympics. He was head coach at Winter Park, Colorado, 1972-73 and 1977-1981 and was President of the Rocky Mountain Division. He has been head coach at Great Divide for many years 1983. He is now an estate attorney in Helena.

John Hollow, Jr.:

John was born in Helena and raced in Montana before and during his high school years. He attended four Junior Nationals, finishing fourth in the downhill at Sugarloaf, Maine, and second in the three events combined. He was a SkiMeister competing in jumping, nordic, downhill, and slalom. He skied for the University of Colorado Ski Team from 1962-1964. While continuing college studies and the University of Montana, he coached the U of M Ski Team in nordic, jumping,

downhill, and slalom. After a stint as a Navy Seal in Vietnam, he was Equipment and Travel Manager for the US Ski Team, 1970-71, and traveled with the team to Europe. Upon returning to Helena in 1980, he re-established Junior Alpine Racing at Great Divide where he coached for several years. He was President of the Northern Division for several years and was a Technical Delegate (TD) in the Northern Division for many years. He is an attorney in Helena.

Other Little Hollow Racers:

Bob Hollow raced with the first Northern Division Junior National Team at Winter Park, Colorado, which was coached by Martin Hale.

Peggy Hollow-Phelps raced at several Junior Nationals, skied on the University of Colorado Ski Team, coached at Winter Park and Great Divide.

Jim and Sue Little skied at various Junior Nationals, as well as the University of Colorado Ski Team.

There are several Little Hollow third generation racers who are currently, or have within the last ten years, skied in the Northern Division and at Western Region Junior Olympics. One of them, O'Brien Hollow, won the Northern Division Gold Cup in 1992 and went on to coach with the Missoula Ski Education Foundation.

AK ROCKET Award



Northern Division announced the establishment of the Austin King Memorial Scholarship in 2016 ski season, hereafter known affectionately as the; "AK - Rocket Award". The "AK Rocket Award" is awarded to a dedicated and passionate U14 or 1st year U16 alpine skier (ages 12, 13 & 14) that exhibits a dedication to the sport, determination to skiing improvement, positive interdivision sportsmanship and support of fellow athletes for success.

Interested applicants should possess a strong commitment to the sport of alpine skiing.

The "AK Rocket Award" will be awarded annually, at the final Northern Division ski racing event of the year. (OHG)

Criteria for the award;

WHEN - Nominations can be submitted beginning January 15th and must be completed by February 15th using Google Doc.

WHO – Current registered U.S. Ski & Snowboard -Northern Division Alpine Athlete.

- o The candidate's introduction letter addressing their;
 - Dedication to the sport.
 - Determination to improve skiing.

- Positive interdivision sportsmanship and support of fellow athletes for success both on and off the hill.
- o Along with;
 - Relevant ski racing results.
 - Other awards or recognition.
 - Scholastic achievements.
 - Community service and involvement.
 - Letter of Recommendation from a teacher, coach, friend or mentor.

HOW - Please submit an application; with google link **via e-mail** to the Northern Division Manager, northerndivisionmanager@gmail.com, no later than February 15th.

YSL Overall Championship Trophies & Awards

These are awarded to Super Combined champions, team and individual, during the YSL Championship Series in Northern Division. For individuals, all three events will be scored using Old World Cup points. The U14 and younger individual champions will be scored by placing on the results sheet from each of the three disciplines. (no DSQ's, DNS, or DNF) U16's are allowed to compete in the event and will be awarded within their class, but their results will not count towards Overall individual or team scoring. The top three placing U14 or younger male and female athletes from the results sheets from each team will be scored for the team result, using the sum of their places from the day's events for each gender and combining gender scores.

Peter Maxwell Carnival Team Trophy

In memory of Northern athlete, coach and official Peter Maxwell (August 11, 1986-March 10, 2014), Northern Division presented the first Peter Maxwell Carnival Team Trophy to the season's overall highest scoring Youth Ski Team Big Sky Ski Education Foundation at the YSL Championships in 2015. These team scores are tallied throughout the season using the top 3 finishers from each team for each gender at every YSL event season long and awarded at the YSL Championships.

ND Academic Awards

Northern Division Academic Awards shall recognize those high school aged U16 and older athletes who have displayed exemplary academic success while training and competing in U.S. Ski & Snowboard events in Northern Division. Awards will be presented at the Northern Division Championships to be held in late March/Early April or online. To be considered, athletes are responsible for submitting a copy of their official transcript to the Northern Division Manager by February 15th of the current year.

Criteria: any U16 -U21 high school aged athlete must have at least a cumulative **3.50** grade point average using a 4.0 scale.

Northern Division Forms





2022-2023 Medical Release

Athlete Name Address City, State, Zip Birthdate Email Cell Phone Parent Parent Cell Phone Cell phone Home Phone Home Phone Work Phone Work Phone Email Email

Insurance Coverage Name/Birthdate of Policy Holder: Company ID# Policy # Expiration Date Name of Policy Holder

Medical History

Allergies Medication

Current Injuries or Other Medical Information

Athlete Medical Release: Athlete or Parent, if athlete is under the age of 18 years, hereby authorizes U.S. Ski & Snowboard/Northern Division/Western Region Staff to secure hospital, medical, surgical and dental care or treatment and/or procedures for the above (named) athlete. Parent also consents that in the event of injury to the athlete, coaches can authorize that athlete to receive care, treatment and /or procedures, under the instructions and directions of the licensed physicians on call at the emergency room of the nearest hospital or emergency facility. U.S. Ski & Snowboard/Northern Division/Western Region shall notify Parent at the earliest possible time before, during, or after such care, treatment and/or procedures are authorized. Parent knowingly and voluntarily consents in advance to such care, treatment and or procedures to encourage physicians and U.S. Ski & Snowboard/Northern Division/Western Region to exercise their best judgment as to the requirements of such care, treatment and/or procedures. Parent specifically holds harmless and indemnifies U.S. Ski & Snowboard/Northern Division/Western Region of and from any and/or claims of any nature arising out of the provision of such care, treatment and/or procedure.

Athlete Signature Club Date Parent or Guardian Signature Date

Please send to: Northern Division U.S. Ski & Snowboard, P.O. Box 778 Bigfork, MT 59911 , email to northerndivisionmanager@gmail.com, or fax to 406.545.2289



2022-2023 Team Agreement

Team Rules: Members of U.S. Ski & Snowboard /Northern Division/Western Region teams attending competitions on quotas, traveling with or part of a competition, attending a camp or project organized by the U.S. Ski & Snowboard Northern Division/Western Region are required to abide by the U.S. Ski & Snowboard Code of Conduct.

Additionally, team members agree to:

- Return all forms (including financial agreement credit card or deposit) and pay in full the project fee by the published registration date for each project and inform the divisional manager and project leader of any changes to travel itineraries;
- Fully participate in the organized accommodations for championship events (Tri-Divisionals only exception), while opting out is allowed for other projects if communication is made to divisional manager at the time selections are announced.
- Attend all team meetings and training activities on time and fully prepared
- Observe any curfew established by the coaching staff
- Not use or possess illegal drugs
- Not illegally use or possess alcohol
- Not use or possess alcohol in the team accommodations, team vehicles, or in the presence of team members who are not of legal age
- Reside in the room to which they are assigned and will share responsibility with their roommates for damages, cleaning charges, and rule violations that occur in the room when it is not possible to establish individual responsibility
- Observe any additional rules established by the head coach of the project
- Be filmed and photographed in divisional/promotional/website within Northern Division U.S. & Snowboard. Granting Northern Division the irrevocable, fully paid up, worldwide right and license to use, and to authorize third parties to use, in all media. Athlete name, likeness, picture, voice and biographical information for 1) news and informational purposes; 2) promotion of U.S. Ski & Snowboard and the specific competitions in which Athlete competes; 3) promotion of U.S. Ski & Snowboard through its fundraising mission; and 4) to support U.S. Ski & Snowboard’s educational and philanthropic efforts through the production of educational and training videos, DVD’s and other media.

Violations of these rules may result in suspension from the team and in the loss of the opportunity to participate in future teams or quota team preparation or competition projects.

Agreement: I, the undersigned U.S. Ski & Snowboard Competitor, have reviewed these rules and the “U.S. Ski & Snowboard Code of Conduct”, and agree to abide by it and all applicable rules and procedures during my participation in any U.S Ski & Snowboard Northern Division/Western Region team training or competition project during the current season. I agree that a violation of the rules may result in my immediate suspension from a team, and in the loss of all team services including representation at Team Captains’ and Jury meetings, training, housing, meals, and transportation. I realize that I will receive no refund for the unused portion of these services. If suspended, I will be prepared to make whatever arrangements are necessary to continue to compete in the event and/or return home. I realize actions that are violations of the law may result in my arrest, and that it will be my responsibility in such a case to notify my parents or legal guardians and/or make such arrangements as may be necessary for my release and return home. This agreement shall be valid for all projects in the 2018-2019 training and competition season.

Athletes under 18 years of age must have the following section signed by both parents and legal guardians, if applicable. We, the undersigned, parents or legal guardians of the athlete below, having read and understood the above, agree to allow our child to participate in U.S. Ski & Snowboard Northern/Western Region training and competition teams. We understand and agree that if our child violates these rules and procedures, he/she may be immediately suspended from the U.S. Ski & Snowboard Northern/Western Region project with the loss of all team services and without refund of fees paid. We agree that in any case where our child’s actions result in his/her arrest, that sole responsibility for notifying us rests with our child and the local law enforcement officials, and that we, not U.S. Ski & Snowboard, Northern Division nor Western Region, are solely responsible for such actions as may be required to secure his/her release and return home. This agreement shall be valid for all projects in the 2018-2019 training and competition season.

Athlete _____ Signature _____ Date _____
 Parent(s) or Legal Guardian Signatures _____ Date _____
 _____ Date _____

Please send to: Northern Division U.S. Ski & Snowboard, P.O. 778 Bigfork, MT 59911, email to northerndivisionmanager@gmail.com, or fax to 406.545.2289



2022-2023 Hold Harmless and Indemnity Agreement

For and in consideration of the provision of ski racing instruction and training by U.S. Ski & Snowboard Northern Division, or Western Region, I _____ ("athlete"), and if athlete is under the age of 18 years, the parents or legal guardians of athlete, do hereby covenant and agree on behalf of ourselves, to hold harmless, release, defend, and indemnify U.S. Ski & Snowboard, Northern Division and Western Region and any of its employees, or volunteer workers of and from any and all claims arising from athlete's participation in U.S. Ski & Snowboard Northern Division/Western Region events, including, but not limited to racing instruction, racing competition, or traveling to and from races or training camps. We specifically represent that we have read and have understood that this release is intended to serve as a general release of all legal claims against U.S. Ski & Snowboard, Northern Division/Western Region, is to be construed as broadly as possible in favor of U.S. Ski & Snowboard, Northern Division/Western Region and releases U.S. Ski & Snowboard/Northern Division/Western Region from all claims, including, but not limited to, those arising from the negligence of U.S. Ski & Snowboard/Northern Division/Western Region itself.

Athlete Signature _____ Date _____

If athlete is under the age of 18 years, a parent or legal guardian's signature must be affixed here:

Parent or Guardian Signature _____ Date _____

U.S. Ski & Snowboard Insurance Policy

FIS and U.S. Ski & Snowboard rules require that competitors be covered by valid and sufficient accident insurance. The racer must carry proof of this insurance and have it available at each race or camp so that prompt medical care can be obtained, if ever needed.

Agreement

We have read and understood the Insurance Policy statement. The insurance policy listed on the Medical Release meets the requirements of the U.S. Ski & Snowboard Insurance Policy and will be maintained in force while the competitor is involved in a U.S. Ski & Snowboard, Northern/Western Region camp or team or while participating in any event on a U.S. Ski & Snowboard quota. We agree that we are responsible for any and all medical charges and we agree that we will properly reimburse U.S. Ski & snowboard/Northern/Western Region for any expenses that they incur on behalf of the competitor.

Athlete Signature _____ Date _____

Parent or Guardian Signature _____ Date _____

Please send to: Northern Division U.S. Ski & Snowboard, P.O. Box 778 Bigfork, MT 59911, email to northerndivisionmanager@gmail.com, or Fax to 406.545.2289



Nomination for Development Quota 2023 - Please also provide video clips

Name of athlete: _____

Date Birth: _____

USSA # _____

FIS# _____

FIS Points **DH:** _____ **SL:** _____ **GS:** _____ **SG:** _____

National Points **DH:** _____ **SL:** _____ **GS:** _____ **SG:** _____

Club/Program: _____

Indicate Event/Race Series Applying for:

(Example – WR FIS Elite)

Are there parts of the event series athletes are already qualified for? If yes, please list:

Comments as to why this athlete should be entered on Development Quota:

Comments regarding this athlete’s career and potential, including recent best results:

Comments regarding this athlete’s failure to qualify according to procedures in place:

Nominated by: _____

Affiliation: _____

Phone: _____

E-mail : _____

Northern Division "COMPED" Head Tax Worksheet

For competitions subject to Northern Division Head Tax and Northern Division Development Tax, use this sheet to calculate the head tax due on the competition. If the organizer compensates competitors with the best race points, they do not pay Northern Division Head Tax on those competitors. They do pay the Northern Division development fund tax. Adjust the "Total Entries" figure and list the compensated competitors on the bottom of this form.

COMPETITION NAME: _____

COMPETITION DATE(S): _____

COMPETITION LOCATION: _____

		Total Entries	1 st Run DNS	Head Count
Competition 1	Code #	Men	-	=
	Code #	Women	-	=
Competition 2	Code #	Men	-	=
	Code #	Women	-	=
Competition 3	Code #	Men	-	=
	Code #	Women	-	=
Competition 4	Code #	Men	-	=
	Code #	Women	-	=
Competition 5	Code #	Men	-	=
	Code #	Women	-	=
Competition 6	Code #	Men	-	=
	Code #	Women	-	=
Total Head Count:				
Number Compensated:				
HD Head Tax = \$5.00 x Total Head Count (Do not include compensated competitors, list those competitors below)				
				\$
ND Development Fund = \$2.00 x Total Head Count (Must include any ND compensated competitors)				
				\$

Send 1 copy of the start list, results, and this form to Northern Division Manager, P.O. Box 778, Big Fork, MT, 59111 to northerndivisionmanager@gmail.com within 10 days following the competition.

Completed by _____ Dated _____

Telephone _____

List of competitors compensated: _____
